



COUNCIL ON AGING
Lake County

Annual Report

2022



Welcome from the CEO



Joseph R. Tomsick
CEO

It is my honor to present to you the Lake County Council on Aging's 2022 annual report.

For over 50 extraordinary years, everything we have done at the Lake County Council on Aging has been driven by our passion to provide aging adults with services and opportunities to help them achieve an optimal, self-defined quality of life! As our

clients and friends, we enjoy getting to know you, your families and our community. This annual report allows you the opportunity to get to know us and the local impact that our staff and volunteers have had throughout Lake County over the past year, our 50th golden jubilee.

Our work and our efforts to enhance the quality of life for seniors in Lake County continues to be the driving force for board members, staff and volunteers. Senior citizens are an integral, vitally important part of our community and I would like to express my most sincere gratitude to the voters of Lake County who showed how important it is to support our seniors. In November of 2022, our county overwhelmingly passed the Senior Services Levy with close to 75% voter approval. That support tells

us that we are doing exactly what the community expects of us and it inspires us to continue our commitment to serving seniors, building trusting relationships and helping older adults in Lake County age with dignity.

Since 1972, our community has put its trust in the Council on Aging to be the best resource for seniors, and we embrace that responsibility with great honor. Every day we're seeing the number of people turning 60 increasing, and the number of seniors in need of our assistance growing. It remains a great honor to serve as CEO of the Council on Aging, and I could not be more proud of our remarkable team. The dedication and ambition that our staff and volunteers have shown over the years has created a solid foundation for our continued, successful impact now, and for the years to come. I am proud of our history of making a difference in the lives of seniors – offering the right services, resources and assistance so that Lake County seniors have the opportunity to choose how they want to live and age, and enjoy a good quality of life.

The anniversary year offered us the opportunity to hold several special events that celebrated the milestone, bringing awareness of the needs of the community and raising dollars for our critical services. I am profoundly grateful for the financial contributions we received through our donors, corporate

partners, and grant makers. In this report, you will see the names of the many generous people and organizations who gave to the Council on Aging in 2022, many of whom support us with annual donations. These donors help strengthen the programs we support and the services we provide the senior population of Lake County.

Much of the focus of our work needs to acknowledge the challenges that remain from the pandemic, and resolve as many of the gaps and unmet needs of our senior community as possible. I believe that working with our partner service providers, the Council on Aging will continue to take the lead into the future.

In closing, I thank you for allowing us to be part of your lives each and every day, working hard to fulfill our vision and mission. If these first 50 years are any indication, the Council on Aging will continue to set the standard for generations of seniors that follow.

Sincerely,

Joseph R. Tomsick
Chief Executive Officer

Council on Aging

Current Staff

Our agency is very proud of the dedicated and hard-working staff who bring great passion for serving the senior community of Lake County. Thank you to all of these extraordinary individuals!

Laura Abshire Nutrition Aide
Ann Marie Armaro Volunteer Engagement Specialist
Fran Beale Social Worker
Kellie Blauman Social Services Administrative Assistant
Joyce Burr Homemaker
LaShonda Chilious Social Worker
Cristina Cognati Social Worker
Jamalliah Colon Nutrition Program Specialist
Selena Cox ADRC Options Counselor
Sandra DeMeza Homemaker
Susan Fende Nutrition Aide
Glynnis Fox Nutrition, Site Coordinator
Amy Gallaher Homemaker
Barbara Geisman-Turk Nutrition, Assistant Site Coordinator
Joseph Greene Nutrition, Site Coordinator
Allison Heinz ADRC Benefits Specialist
Barb Henderson Nutrition Aide
Pattie Hibler Nutrition, Site Coordinator
Debi Holland Director of Finance
Gina Ilacqua Nutrition, Assistant Site Coordinator
Christopher Jochum Director of HR & Facilities
Joann Kirk Nutrition, Assistant Site Coordinator
Dionne Liddy Nutrition, Assistant Site Coordinator
Linda Llewellyn Director of Community Services
Renee Mathey ADRC I & A Specialist
Tammi McGlothin Homemaker
Susan Meuse Nutrition Aide
Christine Meyers-Rieder Receptionist
Jennifer Michael ADRC I & A Specialist
Jim O'Connor ADRC I & A Specialist
Jackie Oliverio ADRC Manager
Charles O'Neil Nutrition Aide
Danielle Phillips Director of In-Home Services
Tim Rieder Social Work Manager
Barbara Sawicki Nutrition, Site Coordinator
Linda Shaffer Executive Assistant to CEO
Sharon Shane Nutrition Aide
Cathy Shank Homemaker
Renee Sonnie Nutrition, Site Coordinator
Beth Swain Social Worker
Lydia Timperio Homemaker
Joseph Tomsick Chief Executive Officer
Patricia Wem Homemaker Manager
Kathy Wingo Nutrition Services Assistant

Mission

The Council on Aging provides aging adults and their support system with services and opportunities that enable them to achieve an optimal, self-defined, quality of life.

Vision

The vision of the Council on Aging is to be recognized by the community as its most valuable resources for aging adults and their support system. In conjunction with community partners, the Lake County Council on Aging will provide the highest level of education, advocacy, services and support.

Services

Established in 1972, the Lake County Council on Aging has worked hard to make a difference in the lives of seniors living in Lake County. The agency plans, provides, develops and coordinates services for all people 60 years of age and older and has established itself as the trusted resource in the county for seniors, their families and caregivers.

Together with community partners and its board of trustees, the Lake County Council on Aging strives to provide the highest level of education, advocacy, services and support. Our entire staff is dedicated to preserving the dignity, independence and peace of mind for the aging population of Lake County.

Programs offered include social work services, information and assistance, Meals on Wheels, Lunch Place cafes, options counseling, homemaker service, in-home nonmedical services, benefits assistance and volunteer opportunities. The Council on Aging is Lake County's Aging and Disability Resource Center, providing assistance and counseling services for seniors and those 18 and over with disabilities.

2022 Outreach Efforts

The Council on Aging works hard to increase the community's knowledge of the services and programs available for seniors in Lake County. Throughout the year, the agency uses numerous avenues of marketing and services to educate the public and link individuals to resources. These included public presentations, reports, speeches, information tables and booths, flyers, brochures, newspapers, magazines, cable TV, the Internet, Facebook, Bridge newspaper and our weekly radio broadcast.

185 outreach events in 2022 included March for Meals, United Way of Lake County campaign kick-off, volunteer appreciation event, Senior Day at the Lake County Fair, 12 outreach events of the ADRC, and 77 outreach events at senior centers and community organizations. The agency also celebrated its 50th anniversary and had three major community events to mark the occasion. Additionally, staff presented and/or gave speeches at 23 events, and the agency advertised services on Laketran buses as well as WINT Radio, in addition to its weekly radio show.

185 outreach events meant approximately 98,204 individuals received information on our services.

With the continued support of the Lake County Board of Commissioners, the agency's quarterly newspaper "Bridge" was direct mailed to nearly every senior household in the county—about 51,250 homes.

In 2022, nearly 210,000 copies of Bridge were distributed across Lake County.

The Council on Aging continued to partner with the Greater Cleveland Food Bank, Laketran, the Lake County commissioners and Lifeline to provide free, fresh produce to Lake County seniors with weekly distributions at locations across Lake County.

32 Mobile Food Pantry locations provided produce for 3,299 duplicated senior households in 2022. 2,375 individuals were registered through the Council on Aging.

The agency answered and managed 22,780 phone calls into the agency, welcomed 726 unique visitors, and our website, www.lccoa.org, received over 45,015* page views.

*Figure based on average visits reported by Google Analytics.

“

Thank you so much for the assistance you provided – it was great. I wish I could put into words the comfort you furnished me.
–John

”

Board of Trustees

Current Members

We are fortunate to have a dedicated and experienced board of trustees to help in our mission to support aging adults in Lake County. Through their expertise, the board of trustees provides legal, financial and governance oversight for the Council on Aging. Board members volunteer to serve multiyear terms and generously support our efforts with their time, talent and passion.



John P. Thomas
President
Schraff Thomas Law, LLC
Attorney At Law



Shannon Cianciola
Vice President
Manning & Clair
Attorney at Law



Kimberly Tutolo
Vice President-Elect
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Terri Findlay-Jones
Legacy Health Services



Mindy Mallet-Kovalcheck
Lake County



Lynn Manteuffel
Retired, Cleveland Clinic and
Pathology Laboratories Toledo



Katey Tutolo
ProMedica Skilled Nursing And
Rehabilitation At MetroHealth



Eileen Yates
Retired, Ohio Living Home
Health & Hospice



COUNCIL ON AGING
Lake County

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Senior Nutrition Programs

Senior nutrition programs includes congregate and home-delivered meals. A hot meal designed by a registered dietician is served every Monday through Friday to ensure one-third daily nutrition values. Home-delivered meal clients have the option of also receiving frozen meals for the weekend. Home-delivered meals continue to grow, while ensuring a quick start due to no waiting list. Congregate meals served in the Lunch Place locations, Wickliffe, Willowick and Madison senior centers and the Painesville Extended Housing community room, offer delicious healthy meals with a side of social activity with other seniors. Congregate participation is slow to return to prepandemic levels of service. The nutrition program is critical to assisting seniors with remaining healthy and independent in their homes.

The additional support programs available to home-delivered meal clients; supplemental pet food, commodity supplemental food and fresh produce, were maintained or expanded in 2022. The purpose of these support programs is to bring more nutrition into a senior's life by delivering fresh and shelf-stable food and reducing senior food insecurity.

The Meow or Woof Pet Meals on Wheels program continued to grow in 2022 as we conducted a pet needs assessment of all home-delivery clients and asset mapping to identify additional partners for the program. The program offers seniors the ability to enjoy their entire nutritious meal and have more dollars for their own food shopping, while maintaining the health of their four-legged family members, who offer so much comfort and companionship for seniors' emotional well-being. The needs assessment resulted in 48 new clients, most of whom received their first delivery in 2022.

The Commodity Supplemental Food Program box continues to be delivered to current registered seniors who met the federal income guidelines for the program. The box provides a variety of shelf-stable food items and 2 lbs of cheese. The extra shelf-stable food items add nutritional value to a senior's overall food intake and provide items for an emergency pantry.

The Fresh Produce Program expanded in 2022. Open registration for those in our Mentor and Painesville nutrition sites who met the income guidelines increased the number of home-delivery seniors being served from 17 in July to 86 in August. Fresh fruits and vegetables add an incredible nutritional value to a senior's diet and are frequently seen as a special treat.

Funding

Funding for the senior nutrition program comes from different sources. The Older Americans Act funds meals through the Western Reserve Area Agency on Aging. The Lake County Senior Services Levy also funds a significant portion of the meals. The United Way of Lake County provides funding specifically for the congregate Lunch Place sites, the Subaru Share the Love Event provides funding for Meals on Wheels and a grant from PetSmart Charities allocated by Meals on Wheels America was received to develop the Pet Meals on Wheels program. Meal participants have an opportunity to contribute a portion of the cost of their meals through an anonymous donation system. This process assures that no one is turned away due to their inability to contribute toward their meal.

2022 Senior Nutrition Program Total	# Meals
Total Lunch Place	17,094
Total Home-Delivered Meals	183,560
Total Passport	4,897
Lake County Fair Senior Day	300
Holiday Home-Delivered Meals	212
Blizzard Bag Meals	116
Pantry / Frozen Emergency Meals	100+
Grand Total Meals	206,279

• 3% increase compared to 2019



Seniors enjoying a meal at the Wickliffe Lunch Place.

NUTRITION SUPPORT PROGRAMS		
Service	# Clients Served	# of Items
Pet MOW	79 clients 138 pets	926 pet food packs
Commodity Supplemental Food Box	31 clients	311 boxes
Fresh Produce	86 clients	425 boxes

Lunch Place

The four Lunch Place sites are located within a short drive of nearly every Lake County resident. The Lunch Place offers a welcoming atmosphere for seniors to have a nutritionally balanced hot meal while enjoying the company of other seniors. The Lunch Place is open to seniors 60 years or older. Guests under 60 years of age are charged a \$6.50 fee while a donation of \$1.50 is suggested for seniors. Diners register and make a meal reservation in advance. 2022 was the first full year of in-person dining since 2019.

2022 LUNCH PLACE MEALS

Location	# Meals Served
Madison	3,930
Painesville	1,896
Wickliffe	8,613
Willowick	2,355
Senior Day at the Fair	300
Total Meals	17,094

• 422 seniors served

Home-Delivered Meals (Meals on Wheels)

Meals on Wheels are delivered Monday through Friday. Each senior received a nutritious meal plus two optional frozen meals for weekends, casual conversation, and a safety check-in. In 2022 a total of 1,158 seniors were served. Of the 553 seniors new to the program, 68% were at high nutritional risk. Meals on Wheels provides a service that enables many seniors to remain independent in their own home by receiving meal assistance when they are unable to get out or shop, have difficulty seeing or standing to prepare a meal or live within modest means. 63% of Meals on Wheels clients are 75 or older, 66% are women, 15% are frail or disabled, 47% live alone and 25% are below the federal poverty level.

2022 HOME-DELIVERED MEALS

Location	# Meals Served
Madison	17,141
Mentor	49,156
Painesville	53,577
Wickliffe	26,024
Willowick	37,662
Passport Meals	4,897
Holiday Meals	212
Total Home-Delivered	188,669

• 1,174 seniors served

Homemaker Program

Independence gives our seniors a sense of purpose and the feeling they are still contributing to the lives of their family, friends, and community, and goals are still attainable by accomplishing the simplest tasks required to maintain their home.

Sometimes a little assistance is needed and that is where the Lake County Council on Aging's Homemaker Program helps them achieve those goals. Our homemakers assist our seniors with routine basic chores such as light dusting, vacuuming, changing bed linens, mopping floors, and cleaning of the kitchen and bathroom. More importantly, our homemakers provide socialization for our seniors while overseeing that they are in a safe, clean environment while living their golden years. The cost for the Homemaker Program is based on a sliding fee scale.

2022: Provided 2,677.50 units of homemaker services to 146 Lake County senior households.

Vial of Life

The Vial of Life program is designed to ensure that needed medical information is available at the time of a medical emergency. The emergency medical personnel from Lake County's fire departments were involved in the initial development and implementation of the Vial of Life program and look for it when responding to a 911 call. They use the information from the Vial if they are called to your home in an emergency and take the vial with them if you are transported to a hospital emergency room. The Council on Aging provides clients and community residents with the Vial of Life and placement instructions. You can then feel secure that your medical conditions, medication locations, physician's information, and emergency contacts will be available when needed most.

2022: Completed 377 Vial of Life

Nonmedical In-Home Care Services Program

The Council on Aging understands home is a place of comfort and security. When a senior begins to struggle to sustain their lifestyle independently, nonmedical home care can provide compassionate help on varying levels according to individual need. The Nonmedical In-Home Care Program provides in-home assistance with activities of daily living, focusing on personal care, for clients to support aging in place.

Eligible seniors for this program are assigned to a contracted home care agency that provides 2–4 hours of in-home care each week. Caregivers provide assistance or supervision with bathing, and assist with the following services according to the senior's care plan: basic nail and skin care, oral hygiene, light housekeeping, laundry, changing bed linens and planning and preparing meals. This service is funded by the Lake County Board of Commissioners and is administered through a partnership between the Council on Aging and local home care agencies.

2022: Provided 5,163 total units of nonmedical services to 72 Lake County senior households.

thank you

Special Thank You to Our Volunteers

Lake County Council on Aging volunteers are truly everyday heroes! The pandemic continued in 2022 and brought constant change to all our lives. Our volunteers stepped up to the challenge without question to provide essential nutrition services to seniors. Safety protocols were modified, meal delivery schedules changed and we continued with drive-thru pickup meals until congregate dining was able to resume. Volunteers have gone above and beyond to continue to serve our clients with the same care and compassion they have always shown our seniors. We are extremely grateful to our volunteers and the dedication they provide to our senior community and the mission of Lake County Council on aging.

Abramczyk, Pat	Delamotte, Abby	Humensky, Karen	McCoy, Paul	Pahula, Mike	Schmidt, Linda	Tutolo, Katey
Albanese, James	Denison, John	Hunter, Sally	McCullough, Anastasia	Paluckas, David	Schock, Delmas 'Del'	Tutolo, Kimberly
Alecci, Debbie	Dicenzi, Patricia	Iliano, Carol Lynn	McGaffick, Elise	Paradiso, Patty	Schumer, Pat	Unites, Dorothy
Ambrose, Jack	Dickinson, Cyndi	Jauch, Carol	McGiffick, Paula	Parker, Julia	Sekerak, Raymond	Vaccariello, Sheila
Ambrose, Rosemary	Dietz, Donna	Jenkins, James	McGinnis, Amy	Paterniti, Carmen	Shanley, Ann	Vagner, Caroline
Amirault, Sarah	Dietz, Thomas	Jennens, Terry	McHugh, Dwight	Patfield, Lawrence	Shriver, Mary 'Kitty'	Vaiksnoras, Theresa
Anderson, Alberta	Dombeck, Frank	Jeshenig, Gina	McIndoe, Sarah (Sally)	Patt, Donald	Sironen, Rose Mary	Valencic, Charlotte
Anderson, Dennis	Doty, Pat	Johnson, Shirley	McKee, Janet	Patterson, Arlevia	Skouby, Robert	Veasey, Barbara
Antos, Barbara	Duca, Dale	Kallevig, James	McMahon, Barbara	Peltz, Judy	Slupek, Gloria	Veneri, Chris
Arendash, Liz	Ducsay, Kaye	Kasserman, Stan	McMullen, Roy	Peppard, Debbie	Smart, Monika	ViWoodworth, David
Armaro, Ann Marie	Ducsay, Robert	Keep, Diane	McNeal, Phillip	Peppard, Michael	Smith, Karen	Vogt, Ken
Armour, Christine	Dunham, Char	Keim, Allen	McNeal, Rita	Perry, John	Smith, Kate	Vogt, Mary Ellen
Arnold, Stephen	Dunham, Richard	Kelley, Lynn	Melsheimer, Diane	Pessa, Gay Lee	Smith, Pam	Voit, Stacey
Aten, Libby	Dwyer, Maryann	Kelly, James	Melvin, Debby	Peters, Rae	Smith, Renee	Voorhees, Joan
Ball, Kay	Dyckman, Lois	Kerstens, Kathy	Mengelkamp, Tom	Peters, Tony	Sotka, Donald	Waclawski, Deb
Ballinger, Kristi	Eckerle, Joe	Kilroy, Marilyn	Metenyi, James	Petrello, Bill	South, Beth	Walsh, James
Balog, Caroline	Edmisten, David	King, Dolores	Metti, Raymond	Petrello, Janet	Southworth, Aubrey	Walsh, Rae Lynne
Balogh, Patti	Edmisten, Vicky	Kingzett, James	Meyer, Jeffrey	Phillips, Danielle	Sowers, Shelley	Walter, Laura
Baltitas, Jeannine	Edwards, Wendy	Kinsey, Diane/Mary	Meyer, Kim	Pilotti, Ken	Sowers Jr, Ken	Walter, Steve
Baltus, Bob	Erb, Ruth	Kinsey, Douglas	Miller, Jayne	Piros, Dale	St. John, Anne	Walters, Donna
Baltus, Mary	Erb, Tom	Kirchner-Horn, Kim	Minotas, Valerie	Piros, Denise	St. John, Dale	Walters, James
Barajas, Alyea	Erbaugh, Sharon	Kitts, Liz	Mitchell, Tina	Pitzer, Patricia	Stanek, Larry	Watson, Mary
Barrett, Mike	Erbaugh, Tom	Klements, Donna	Moffett, Karen	Podgurski, Kimberly	Stanicki, Debbi	Watt, Gregory
Bartels, Jerry	Evans, Thomas	Kless, Concetta	Molenaar, Kip	Podgurski, Kimberly	Stapp, Lillie	Weber, Emily
Bartels, Marie	Falcone, JoMarie	Kless, Elmer (Butch)	Molnar, Mary Jane	Preto, Janice	Steinicke, Jack	Weglitz, Frank
Berlin, Don	Farren, Darlene	Knifc, Zita	Moran, Doris	Preto, John	Stevens, Pat	Weglitz, Susan
Berlin, Sandra	Fatica, Donald F	Koerwitz, Janet	Morgan, William	Quignano, Lee	Stipkovich, Mark	Weintz, Philip
Berry, Tom	Faught, Laura	Kohut, Patricia	Mosman, Jennifer	Quinones, Vic	Stoneman, Nancy	Weiss, James
Bidlack, Sarah	Fellows, Helene	Konarsh-Hamilton, Eva	Mulhauser, Judy	Raishart, Francis	Stratz, Robert	Weiss, Lori
Bittinger, Linda	Ferguson, Cheryl	Koons, Fran	Murphy, Mona	Raishart, Marilyn	Sulek, Patti	Welsh, Rick
Blanchard, Mark	Ferguson, Doug	Kosmin, Jamie	Murphy, Tom	Raymer, Dawn	Summers, Tim	Whitcomb, Tom
Blanchard, Mary	Field, Bud	Kosmin, Martin	Muscatello, Jennell	Retter, Jerry	Sutherland, Kenneth	Wilson, Bruce
Blasier, Mary	Findlay-Jones, Terri	Kothari, Prabodh	Muzic, Karen	Rice, Brian	Svendsen, Linda	Wilson, Rich
Blazek, Melissa	Fisher, Beth ((Becky)	Kovalcheck, Joe	Namie, Cameron	Richards, Paula	Swinehart, Gary	Winters, Sue
Boka, Carla	Fisher, Harry	Kovalcheck, Maddie	Neibecker, Heather	Ricketts, Mary Anne	Talbot, Dennis	Witherite, Heather
Bonelli, Michael	Fisher, Sharon	Kovalcheck, Mindy	Newcomer, Susan	Riley, Christine	Talbot, Ellen	Wollerman, Wayne
Bonelli, Rosalie	Fleming, Lyn	Kovalcheck, Stephanie	Newell, Ann	Riley, Doug	Talbot, Matthew	Woodworth, Marijane
Bower, Antionette	Fleming, Rita	Kozlowski, Carla	Nystrom, Joanne	Robejsek, Patricia	Taraska, Barbara	Wyner, Teresa
Bowers, William	Fraley, Bruce (Bob)	Kozsey, Janet	Oberdoerster, Karla	Robinson, Richard	Teare, James	Yates, Eileen
Bradford, Kenyetta	Frank, Debbie	Kramer, Fred	Oberdoerster, Tim	Rodriquez, Laurie	Templin, Clora	Yoon, Sylvia
Bradford, Saroyal	Frazee, Darlyne	Krstolic, Ken	O'Brien, MaryAnn	Rus, Stacy	Terranova, Carol	Zadd, Daniel
Branford, Don	Fried, Steve	Krstolic, Lynda Joy	O'Brien, Terrence	Russell, Lee Ann	Teschke, Cathy	Zadd, Donna
Brass, Helen	Fuhrman, Raymond	Kukura, Suzanne	Okorn, Kathleen	Sakach, Arlene	Thomas, John	Zalar, Jane
Bruback, Kristine	Gallese, Marylin	Kuntz, Bob	Oldani, Debbie	Saletel, Judy	Toomey, Carl	Zemanek, Steve
Bryan Jr, Robert	Geffert, Gini	Kuntz, Carol	O'Linn, Susan	Sanden, Nancy	Toomey, MaryEllen	Zerman, Charles
Buckman, Beth	Geisman-Turk, Barbara	Kupec, Christopher	Oliv, Elsie	Sandrey, Darlene	Trepel, Esther	Zerman, Mary
Buckman, Bill	Giaconia, Phillip	Kuta, Susan	O'Neill, Bridget	Sanoyal, Michael	Trimback, Jennifer	Zeroske, Joanne
Budzicki, Blair	Gilbert, Laurie	LaBant, June	Orzeman, Rebecca (Becky)	Sanoyal, Bradford	Troha, Bob	Zettlemeyer, Elaine
Bukovesky, Byron	Gilmore, Ruth	Lander, Robert	Ortman, Michael	Sason III, Frank	Tsiros, Judith	Zito, Mitchell
Burney, Drew	Gish, Christina (Tina)	Landwei-Phillips, Lynnmarie	Ozello, Patricia	Sbrocco, Lois	Tucci, Michael	Zivkovich, Ed
Burr, Joyce	Given, David	Lane, Terry	Paavola, Christine	Sbrocco, Michael	Tursich, Debbie	Zizelman, Francine
Bush, Gary	Glavac, Pattie (Patricia)	Laniauskas, Marius	Pahoresky, Paul	Schafer, Jamie	Tursich, James	
Buzanski, Mary Ellen	Globokar, Judy	Lardner, Robert				
Buzanski, Ray	Godec, Karen	Lavrich, Aurora				
Campbell, Brad	Grodecki, Annette	Leiden, Bruce				
Canzone, Loretta	Gruss, Terri (Theresa)	Leissa (Matetic), Cheryl				
Capelle, Ben	Guarnera, Tom	Leone, Marge				
Carlson, Thomas	Gundelach, Carol	Lewis, Len				
Carter, Ian	Habarstan, Susan	Libava, Grace				
Caswell, Clem	Hanf, Brent	Liddy, Robert				
Cavallaro, Bonnie	Hange, Linda	Llewellyn, Linda				
Cavallaro, Dennis	Hanna, Susan	Lohrs, Michael				
Cerri, Ken	Hansen, Lynne	Lorence, Linda				
Chom, Iva	Hargest, Jan	Lucker, Don				
Cianciola, Shannon	Harper, John	Lucker, Stuart				
Cicero, Eileen	Harris, James	Lupold, Kathryn				
Cipkus, Dona	Harris, Judith	Luzier, Beverly				
Claflin, James	Harris, Mary Ann	Lytle, Rick				
Cogan, Daniel	Harrison, Kathleen	Malinowski, Tom				
Cogan, Daniel	Harsch, Cindy	Mann, Betty Ann				
Cogan, Judy	Harsch, William	Mannion, Paul				
Connell, Joe	Hayes, Mary	Manteuffel, Lynn				
Corrigan, Tom	Hayhurst, Geraldine	Margalis, William				
Cowie, Jacob	Hencie, Rob	Marinko, Andrea				
Coy, Megan	Henschel, David	Martin, Dan				
Cozen, Darrell	Herzog, Richard	Martin, Michael				
Craft, Kathy	Hill, Sarah	Martin, Thomas				
Crofoot, Cheryl	Hines, Betty	Maslovsky, Diane				
Crofoot, Harry	Hite, Denis	Mason, Stephen				
Crowder, JoAnn	Hoffacker, Ken	Mathews, Cassandra				
Curtiss, Lorna	Hoffman, John	Matlock, Roger				
Czeck, Carole	Hogan, Alice	Matthews, Elizabeth				
D'Ambrosio, Joe	Horn, Michael	Mattice, Cheryl				
D'Amico, Pat	Horvath, Kay	Maurer, Larry				
David, Carol	Howell, Scott	May, Janet				
Davis, Daniel	Hribar, Edward	Mayher, Kathleen				
Davis, Lynn	Hrovat, Lisa	Mazurek, Nancy				
Dawson, Karen	Hrovat, Loretta	Mazurek, Ronald				
DeAngelo, Marie	Hrovatin, Philip	McCarthy, Colleen				

Special Thanks to Our Adopt a Route Partners

Adopt a Route Partners are businesses and service organizations in Lake County who engage their employees in ongoing volunteer service through the Lake County Council on Aging Meals on Wheels program to enhance the community. Businesses who engage employees in community service have higher employee satisfaction and employee engagement. The Adopt a Route program is a program that benefits the employees and the business while supporting the Lake County Council on Aging and directly impacting our clients in Lake County. Thank you to all the volunteers serving on behalf of the following businesses and organizations.

ASA
Creative Solutions to Independence
Enpac

Griswold Home Care
Lake County Commissioners
Madison Healthcare

Mentor Rotary Club
Painesville Rotary Club
Wickliffe Country Place

Celebrating 50 Years!

Over 200 units paraded down Mentor Avenue into the fairgrounds to officially kick off the 2022 Lake County Fair.

A large group of individuals representing the Lake County Council on Aging participated in the parade to showcase the agency's 50th anniversary!

Led musically by the "Fairport Jammers" button box club, our entry even won a first place trophy! Join us in 2023 for Senior Day at the Fair, on Friday, July 28!



Volunteer Services Department

Volunteers make a difference in the lives of all the clients of the Lake County Council on Aging. Through multiple programs, these individuals deliver Meals on Wheels, help pack lunches, listen as friendly visitors, grocery shop for homebound seniors or help by supporting our staff through various special projects. We sincerely thank every one of them and invite you to find a volunteer opportunity with us.

Nutrition Impact

Nutrition Centers – Along with the nutrition center coordinator and staff, **110 nutrition assistant volunteers** assisted with general meal preparation, sealing and packing meals for delivery, and were the friendly faces that served food at four Lunch Place locations, our congregate meal sites.

Meals on Wheels Delivery – **443 volunteers** delivered nutritious meals and daily contact to seniors. The program supports independence while promoting the social, physical, and emotional well-being of seniors. The program consists of the delivery of a hot meal Monday through Friday along with a meaningful social interaction and well-being check.

Loneliness and Social Isolation Impact

Volunteers positively impacted the issue of senior loneliness and social isolation through nutrition services as mentioned above and more specifically through the following volunteer roles.

Phone Pal Caller Program – **16 phone pal volunteers** made calls to seniors. This vital program connects homebound seniors by phone which maintained an ongoing relationship by providing a social connection to reduce loneliness and social isolation.

Letters of Love and Handcrafted Cards – The delivery of a handcrafted card to a Meals on Wheels or Lunch Place senior brings joy and uplifts spirits. Handcrafted greeting cards were shared on Valentine's Day, Fourth of July, Thanksgiving and Christmas with nearly **1,000 cards delivered** on each holiday along with positive general handcrafted greeting cards shared randomly throughout the year. The number of individual and group volunteers has grown significantly in the past year to **45 volunteers** and includes several who live outside of Ohio, but support the mission and mail their cards to be included in delivery to seniors.

Information and Support Impact

Ohio Senior Health Insurance Information Program (OSHIIP) – Under the guidance of our Aging and Disability Resource Center, trained Ohio Senior Health Insurance Information Program (OSHIIP) volunteers provided information to resolve Medicare, Medicaid, and secondary health insurance questions. **6 volunteers** helped seniors make informed decisions regarding Medicare benefits by providing free, unbiased information.

Grocery Shopping – **35 grocery shopping volunteers** met biweekly with clients who can no longer leave their home to grocery shop. Grocery shopping support services enabled clients to remain independent in their own home; as well as enhancing their nutritional well-being.

Administrative – **14 administrative volunteers** provided support behind the scenes in the business office to ensure the delivery of programs and services.

Training – Volunteers as well as employees, are required to participate in annual required training to build upon their knowledge and skills and ensure high quality service is being provided to our seniors.

Events and Community Projects

Event and community project volunteers assisted in an array of activities; including the Blizzard Bag Food Drive, Thanksgiving and Christmas meal delivery, Senior Day at the Fair and March for Meals. Many of these volunteers join us just once a year for the special project and others serve in addition to their regular volunteer roles.

Blizzard Bags – The Blizzard Bag Food Drive, an annual event collected at multiple collection locations in the community, including a Stuff the Trunk event at the Lake County Council on Aging offices. Food donations were sorted into types of food and packed for a 2–3 day food supply into **116 blizzard bags**. Blizzard bags are designed to ensure that clients who receive Meals on Wheels have food resources in case of an emergency cancellation of delivery.

Thanksgiving and Christmas Meal Delivery – The holidays can be a difficult time of year for many seniors. LCCoA is committed to delivering a hot meal and holiday spirit to our clients who would otherwise be alone. **25 volunteers on Thanksgiving and 20 volunteers on Christmas** delivered a special holiday meal from University Hospitals to **112 seniors on Thanksgiving and 98 seniors on Christmas**. The large number of volunteers willing to deliver on a holiday enabled each volunteer to spend more time visiting with clients and sharing holiday joy.

Thank You to the Dedicated Volunteers of the Council on Aging

The Lake County Council on Aging is grateful to the **472 volunteers** who served in **700 volunteer assignments** generously sharing their time, talents and skills to positively impact the lives of seniors. **Volunteers contributed 34,846 hours of service** often in multiple roles and multiple locations. In its newest Value of Volunteer Time report, Independent Sector, with the Do Good Institute, announced on that the latest value of a volunteer hour is estimated to be \$29.95. Therefore, Lake County Council on Aging **volunteers added \$1,043,637.70 in value** to our programs and services benefiting Lake County seniors and the community.

The generous and compassionate service of our volunteers is essential to the Council on Aging, the clients that we serve and the community as a whole. We greatly appreciate your commitment. We couldn't do it without you.



Make A Difference!
Volunteer Today

Volunteer Impact	# of Hours	# of Volunteers
NUTRITION		
Meals on Wheels/Lunch Place meals	29,735	443
LONELINESS/SOCIAL ISOLATION		
Phone Pal Program	309	16
Letters of Love & Cards Program	1,270	45
INFORMATION AND SUPPORT		
Benefits Assistance (OSHIIP)	104	4
Grocery Shopping	1,089	35
Administrative	805	14
Training	569	
EVENTS/COMMUNITY PROJECTS		
Senior Day at the Fair	48	18
Blizzard Bags	100	28
Thanksgiving Meal Delivery	50	25
Christmas Meal Delivery	40	20
Pet Meals on Wheels	162	11
Produce Delivery	114	15
Commodity Box Delivery	59	13
Board of Trustees	392	13
Total Volunteer Hours	34,846	700*

*Duplicated count



A couple of the dedicated volunteers who help the Council on Aging serve our community.

“

Thank you for your compassion in helping elderly people like me. You are a credit to the Council on Aging. I owe you a great deal, along with my gratitude, for connecting me to great resources.
–Rosemary

”

Celebrating 50 years of the Council on Aging



Since 1972, the Lake County Council on Aging has been the trusted resource for older adults and their loved ones with vital services and supports to help them maintain their well-being and independence. For 50 years the agency has provided compassionate, cost-effective care for individuals who want to remain in their homes and communities for as long as possible.

In 2022, the board of trustees of the Lake County Council on Aging marked the golden anniversary with four special events. In March, the agency brought back "March for Meals" with a 50th anniversary theme; in May, a celebratory gathering of former board members took place at the Kirtland Country Club; in July, the community was invited to a grand party at the SNPJ picnic grounds; and in November, a gala was held to bring the 50th anniversary year to a close. As a result of these four major events, almost \$60,000 was raised for critical services provided through the Council on Aging.

We are proud of our successes and thankful to all those past and present, who have helped us make a difference in Lake County for these 50 years. The Lake County Council on Aging looks forward to all those exciting new opportunities on the horizon for the next 50 years!

Our Aging World Radio Show

The Lake County Council on Aging produces a weekly educational radio program, entitled "Our Aging World." The one-hour broadcast is aired in-kind over WINT Radio, 1330AM and 101.5FM. An online airing of the show is available at tuneln.com.

The program is hosted by Joe Tomsick, CEO of the Lake County Council on Aging with interviews of experts in a variety of fields.

Here is a partial list of some of the guests who appeared on the weekly radio program during 2022:

AARP
Better Business Bureau of Cleveland
Cleveland Clinic
Cleveland Sight Center
Eastern Lake County Chamber of Commerce
Elder Abuse Awareness Day
Fine Arts Association
Greater Cleveland Aquarium
Hearing Specialists
Home Care Companies
Home Safety/Maintenance
Hospice of the Western Reserve
Lake County Board of Commissioners
Lake County Council on Aging
Lake County Department of Utilities
Lake County Free Clinic
Lake County General Health District
Lake County Senior Centers
Lake County Treasurer's Office
Laketran
Lifeline/211
Mentor Fire Department
Mentor Public Library
National Kidney Foundation
Project Hope for the Homeless
Social Security Administration
United Way of Lake County
Western Reserve Area Agency on Aging
Willoughby-Eastlake Public Library
Variety of Legal Interviews



Funding

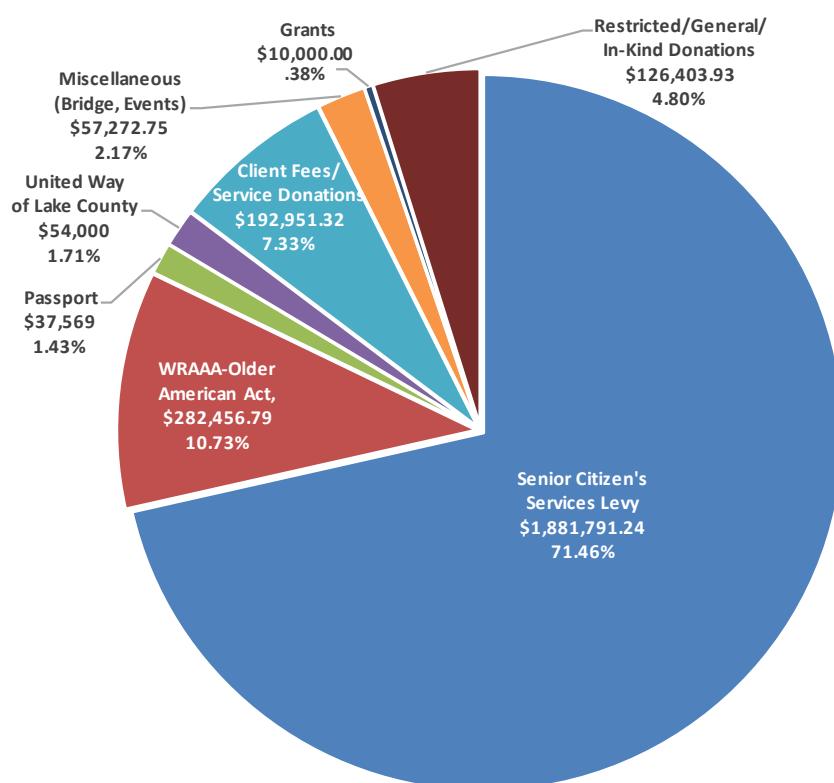
The Lake County Council on Aging is funded primarily through the Lake County Senior Citizens Services Levy, Title III Older American Act Awards through the Western Reserve Area Agency on Aging, the United Way of Lake County, various local/national grants, fees and donations. We are humbly grateful to the hundreds of individuals who are listed within this report who made financial contributions to the Council on Aging in 2022.

Approximately 71.46% of the Council on Aging's 2022 operating funds were received from the Lake County Senior Services Levy and approximately 10.73% from Older American Act funds.

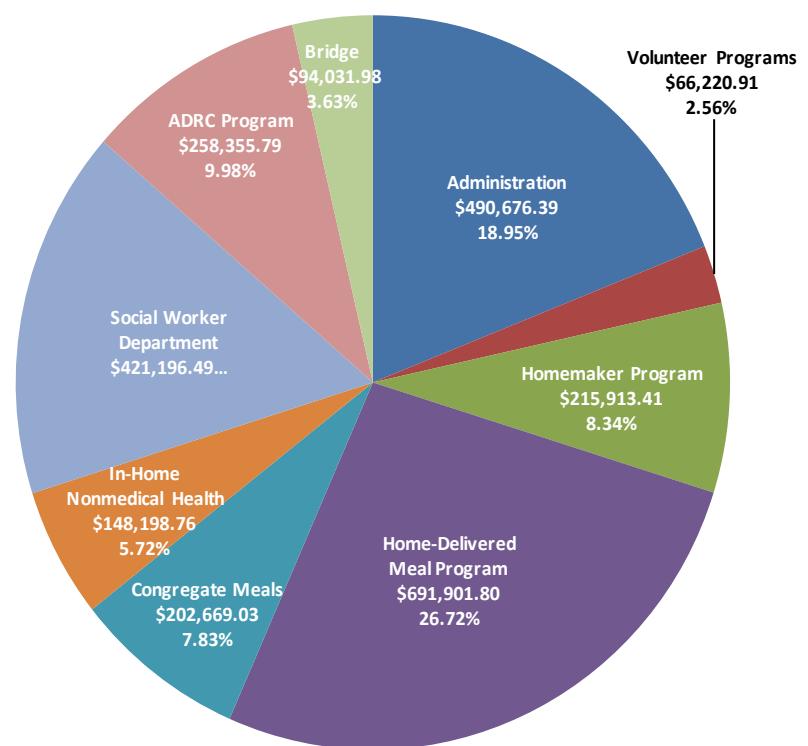
We also are sincerely appreciative to the residents of Lake County for their ongoing and future support of the levy. The renewal of the Senior Citizens Levy proves how much Lake County residents overwhelmingly support Lake County Council on Aging (as one of the recipients) to care for our aging population.

Together, these dollars financially support a range of programs for the Council on Aging to advocate for Lake County's senior population and help them remain within their own homes and community.

2022 Operating Revenue By Source (Unaudited)



2022 Operating Expenses By Department (Unaudited)



The Lake County Council on Aging is funded primarily through the Lake County Senior Citizens Services Levy, Title III Older American Act grants through the Western Reserve Area Agency on Aging, the United Way of Lake County, various grants, fees and donations, and your generosity and support.

Our Generous Donors

The Lake County Council on Aging is grateful for the generous support of our donors. We are pleased to recognize those who contributed to the agency in 2022. From individuals and teams to organizations and foundations, the generosity of these key partners enables the Council on Aging to make a difference in the lives of our older population. We are truly grateful for their support.

\$5,000+

Meals on Wheels
Roger Sustar
Visiting Angels of NE Ohio
Western Reserve Area Agency on Aging

\$2,500 – \$4,999

Laketran
Melinda Mallett-Kovalcheck
Matrix Tool
Mentor Ridge Foundations
Health Solutions
Paul Pahoresky
Schraff Thomas Law LLC
Renee Shea
John Thomas

\$1,000 – \$2,499

Anderson Family Foundation
Association of Specialists in Aging
Best Version You/Kurt Law
Brunner Sanden Deitrick Funeral Home & Cremation Center
Cash Donations
Concord Village
Skilled Nursing & Rehab
Valerie Curtis
Rod Fitts
Griffin Technology Group
Hospice of the Western Reserve
James Llewellyn
Manning & Clair Attorneys at Law
James Marchand
Robert Murch Trust
ProMedica
Patricia Schraff
Barbara Shamberger
Roy Smith
Sounds of Life Hearing Center, LLC
Tapestry Wickliffe, LLC
Joseph & Lisa Tomsick Family
University Hospitals
Geauga Medical Center
Wickliffe Country Place
Wickliffe Fraternal Order of Eagles #4086

\$500 – \$999

Advanced Audiology Concepts
American Legion Post 336
Anonymous
Better Business Bureau
Serving Greater Cleveland
James Burkholder
Carver Financial Services, Inc.
CT Consultants
Carole Czeck
Eaton Family Credit Union
Erie Bank
Jeanette Fabian
Margaret Fawcett
George Gehrisch, Jr.
Christina Gish
Geraldine Hayhurst
Investment Partners LTD
Fred Kuhar
Lake County Sheriff's Office
Lakeland Community College
Lubrizol
NMS, Inc.
Reminger Co LPA
Matt Schaser
Ryan Shea
Laura Sherwin-Makar
Norbert Smialek
Sunset Industries Inc.
Kimberly Tutolo
VFW#2595
Kathleen Vitantonio

\$250 – \$499

Amvets Post 1971
Ben Capelle
Megan Coy
Dave Ernes
Morris Family
Terri Findlay-Jones
HAMCLEO, INC. - Hells Angels Lake East
Home Instead Senior Care
Kline Rostocil Construction
Lake County Veterans Services
Lynnmarie Landwei-Phillips

Marous Brothers Construction
Alison (Sunny) Masters
Janet McKee
George Milbourn
David Moon
Jane Neubauer
Stevic-Rust and Associates LLC
Nancy Tagliafierro
Taylor Made Home Care LLC
Western Reserve Harley-Davidson
George Whalley

\$100 – \$249
American Mutual Life Association
AMVETS Ladies Auxiliary #1971
Lynn Backowski
Katherine Beatty
Richard Beck
Catherine Blackburn
Katherine Brookshire
William Buckman
Liana Cahen
Debra Catalano
Sheila Cherrison
Shannon Cianciola
Ronald Cimaglio
Clairwood No. 40
American Mutual Life Association
Anthony Coladangelo
Harold Collins
Comfort Keepers
Samuel Cowling
Lisa Demeter
Derek Elshaw
The Goud Family Trust
Susan Fende
Fenton Financial Services
Michael Finefrock
Linda Foley
Ellen Forbus
Tom Friedl
Mary Girardi
Griswold Home Care
Jane Hieronymus
Joseph Hocevar
Larry Howald
Caroline Jakubauskas
Theresa Jewell
Cernisko Jezero
Eugene Kadish
Constance Kephart
Karin Kollar
Carla Kozlowski
Judith Kozlowski
Robert Lanning
Chris Larson-McKenzie
Betty Leiby
Lodge #12 AMLA
Bob Mallett
Judith McCracken
Anastasia McCullough
Larry Meyer
Miles McClellan Construction
Michael Mohner
Kathy Morris
Joseph Muscatello
Ann Nasky
Terry Negard
North Mentor Centenary United Methodist Church
Mary Ann O'Brien
Gery Petrof
Joseph Pialet
Craig Querro
Tracy Radonich
Raymond James
Dallas Rodgers
Robert Rosplock
Tom Sawyer
Schlitz Crane, Inc.
Paula Seger
Jason Stapp
Tartan Services Corp
John Terchek
Alexander Timpeiro
Katy Tutolo
VFW Auxiliary Post #3863
VFW Post 7754 Auxiliary
Lucille Virostek
Robert Wareham
Patricia Wem
Carol Wirkowski
JoAnn Witter
Eileen Yates

\$1 – \$99

Lisa Abbott
Pat Abramczyk
Frank Adamic
Joan Aresta
Gayle Alanen
Elizabeth Arendash
Loretta Babuder
Georgette Bannan
William Bannan
Nathan Bell
Adrian Bohl
Carla Boka
Steven Bond
Martha Brunner Deitrick
Linda Burkhart
Mary Ellen Buzanski
Donald Castora
William Chepla
Iva Chom
Carol Coffey
Daniel Cogan
Lisa Demeter
Derek Elshaw
The Goud Family Trust
Susan Fende
Fenton Financial Services
Michael Finefrock
Linda Foley
Ellen Forbus
Tom Friedl
Mary Girardi
Griswold Home Care
Jane Hieronymus
Joseph Hocevar
Larry Howald
Caroline Jakubauskas
Theresa Jewell
Cernisko Jezero
Eugene Kadish
Constance Kephart
Karin Kollar
Carla Kozlowski
Judith Kozlowski
Robert Lanning
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Carol Wirkowski
JoAnn Witter
Eileen Yates
Stephanie Kovalcheck
Joan Krause
Ken Krstolic
Julie Krupp
Bobette Kruter
Maruis Laniauskas



Barbara Laparo
Chris Lavik
Deborah Lefelhoc
Thomas Lennox
Marge Leone
Mary Lette
Beverley Levon
Sylvia Lindrose
Patricia Lis
Barbara Loparo
Linda Lorence
Kathryn Lupold
Beverly Luzier
Rosemary Maniglia
Lynnette Manteuffel
William Margalis
James Marshaus
Elizabeth Martin
Beverly McArthur
Laura McGuinness
Cheryl Miller
Eslam Mohammed Hamada
Kip Molenaar
Arline Mulqueeny
Robert Myotte
Michael Nadolski
New Connecticut Chapter DAR
Theodore Nichols
Barb Oliverio
Michael O'Neill
Mary Otoole
Painesville Nutrition Recycling
Dave Paluckas
Edward Parker
Linda Parker
Herb Pearlman
Sean Pell
Patrice Perme
Anna Pickard
Pilgrim Lutheran Brethren Church
Betty Pinelli
Mary Ann Potts
Quality Community Management, Inc.
Richard Rabe
Francis Raishart
Terry Rebera
Margaret Riehl
Doug Ritley
Merle Robb
Janis Roth
Linda Runal
Kenneth Salacienski
Nancy Sanden
Rita Schraff
Cal Schrock
Fred Schwartz
Karen Scott
Martha Semancik
Patricia Sfero
Karen Shadle
Sievers Security, Inc.
Mary Slak
Vincent Slusarz
Paul Spicuzza
Nicoletta Stafford
Suzanne Staiger
James Stefanik
Lee Sundblom
Diana Suphin
Joseph Swain
Barbara Tame

Andrea Taylor-Marinko
Richard Terriaco
The Great Outdoors
Beth Thomas
Kenneth Thomas
Sheilah Vaccariello
Briane Vagner
Theresa Vaiksnoras
Bambi Vargo
Terri Vidrick
Neal Ward
Frank Weglarz
Joey White
Cheryll Whitney
Joseph Widecan
Robert Williams
Sue Winters
Josephine Wutchiett
Anthony Zakrajsek
Zele & Zele Co., L.P.A.
Cheryl Zelina
Mary Zerman
Edward Zivkovich

IN MEMORIAM

The following are donations made to honor the life of someone who has passed and to keep their memory alive.
In Memory of Audrey Grum
Steve Futterer
In Memory of Bill & Donna Norton
Kathleen Vitantonio
In Memory of Bruno Maniglia
Moses Fridman
Rosemary Maniglia
In Memory of Edward Dobrasky
Karin Kollar
Rosemary Maniglia
In Memory of Ernie Zienka
Joan Aresta
Katherine Brookshire
Liana Cahen
Marcia Deal
Tom Friedl
George Gehrisch, Jr.
Jane Gilles
Julie Krupp
Patricia Lis
Gery Petrof
Terry Rebera
In Memory of Faith J. Kern
Debby Henkuzens
In Memory of Gloria Petriello
Nancy Tagliafierro
In Memory of Gordon W. Fawcett
Lisa Heacox
In Memory of Helen E. Gavin
Mary Otoole
In Memory of Joan Bannan
Georgette Bannan
William Bannan
Jessica Goldberg
Anna Pickard
Vincent Slusarz
Paul Spicuzza
In Memory of Keith Curtis
Valerie Curtis
Diana Suphin
In Memory of Lois Griffin
Etta Griffin
In Memory of Norma Morris
Morris Family
Kathy Morris
North Mentor Centenary United Methodist Church
In Memory of Tony Marjenin
Chris Lavik

IN HONOR

In Honor of Betty Howald
Larry Howald
In Honor of Bill & Shirley Seman
Catherine Blackburn
In Honor of Gloria Fakult
Anonymous
Anonymous
In Honor of Louise Grob
Alan Hoffman
In Honor of Margaret J. Fawcett
Margaret Fawcett
In Honor of Mary Ann Swanson
David Moon
In Honor of Mindy Kovalcheck
Jane Neubauer
In Honor of Mitchell R. Zito
Robert Murch Trust
In Honor of Patricia Schraff
Rita Schraff

IN-KIND

Apex Dermatology
Austin's Grill
Irene Carl
Cleveland Browns
Cleveland Museum of Art
Cleveland Pizza
Contours Express
Discount Drug Mart
Emerald Glen Title Agency
Essentials of Life
G-Licious
Gloria Jeans Coffee
Goodtime III
Grand River Cellars
Great Lakes Boutique
Great Lakes Science Center
Greater Cleveland Food Bank
Dave Henschel
Hofbräuhaus Cleveland
The Holden Arboretum
Inspire Nutrition
Jenniffer & Company
Salon and Spa
Kindred
Lake Metroparks
Lost Nation Golf Course
Mentor Salt Cave
Mitchell's Ice Cream
Nick's Gyros
Northcoast Laser Cosmetics, LLC
Nouveau Bistro and Lounge
Petitti Garden Center
Phil Hrvatin
Pink Bandana Bakery
Posh Pet Boutique
Quail Hollow County Club
Rabbit Run Community Arts Association
Raising Cane's Chicken Fingers
Red Wine & Brew
Rosabella Winery
Salty - Salt Cave
San Francisco Stir Fry/FroYo
Scramblers
Sophie La Gourmande
Stonegait Winery
Sugar Pines Farm
The Sweat Box
Symphony at Mentor
Take Five Oil Change
Today's Family Magazine
Vittorio's Buon Appetito
World of Wines
Zappitelli's

Remember the Council on Aging in your estate!

To leave a bequest is to make a permanent statement of your values. It is by this act of charity that the world will remember what you cared about and what you stood for. If providing for seniors matters to you, consider a gift to the Lake County Council on Aging in your estate plans.

Social Work Services

In 2022, the social workers at the Council on Aging continued to provide vital supportive services to Lake County's senior population and their support system. The team of licensed professional social workers conducts home visits to assess each client's current abilities, challenges, and strengths to best develop a care plan to help that individual move forward in maintaining a healthy overall well-being in the home setting. The social workers identify areas of need with the client and their support system and help build connections to assist in those areas.

The social workers assist clients by linking them to Council on Aging's services and other community resources. Some clients may present with more complex issues and concerns such as a lack of support, physical and mental health difficulties, and food insecurity. Social workers provide guidance to clients with referrals to community programs and ensuring the process is well-coordinated and completed.

The Social Work Department works tirelessly to address the needs of our clients and those most vulnerable seniors in Lake County. The department appreciates the support and collaboration received from partnering community organizations, as well as the continued support of the Lake County Senior Services Levy. The funding allows the Council on Aging the opportunity to provide a social worker to every client who is involved with the agency.

Going forward in 2023, the department is looking to build new partnerships and strengthen current connections with other social service agencies to enhance the support to the seniors of this community. The Social Work Department remains committed to serving the senior population in Lake County to ensure they achieve an optimal, self-defined quality of life.

2022 Social Work Services:

- Provided services to 1,326 unduplicated seniors
- Provided 1,497 home visits
- Completed 595 initial psychosocial assessments
- Completed 512 annual reassessments
- Completed 2,832.75 service hours

Health Equipment Lending Program (H.E.L.P.)

Through H.E.L.P., the Council on Aging accepts donations of gently-used medical equipment such as walkers and rollators, wheelchairs, tub seats and transfer benches, canes, and bedside commodes. These items are checked for safety, cleaned, sanitized, and made available to Lake County seniors in need, free of charge. The Council on Aging also accepts unopened packages of incontinence supplies and unexpired cases of nutritional beverages.

2022: Provided 475 pieces of medical equipment to the Lake County community.



Lake County Council on Aging homemaker preparing donated equipment for the H.E.L.P. program.

“
Thank you so much for taking the time with me at our meeting a couple of weeks ago. You have made my outlook on all of this that much easier for me and my family. Thank you for always being there for me.
—Michelle

The Aging and Disability Resource Center (ADRC)



The Lake County Council on Aging main office building at 8520 East Avenue in Mentor, is open Monday through Friday from 9:00 am to 4:30 pm.

In partnership with the Western Reserve Area Agency on Aging, the Lake County Council on Aging serves as the Aging and Disability Resource Center (ADRC) for Lake County. The ADRC provides services to residents who are aged 60 and over, as well as those aged 18 and over with a disability. The ADRC serves as the “front door” to the agency as it functions as a starting place for accurate, unbiased information on all available community services and supports. There are three core services offered through the Lake County ADRC: information and assistance, benefits assistance and options counseling.

Information & Assistance (I&A)

Information & assistance is a fundamental service of the ADRC. I&A specialists take the time to listen to the caller and establish a personal rapport. This is crucial because those who call the agency may not always know to ask for a service by name. I&A specialists assist callers with determining their needs and preferences then provide unbiased information on programs and services that can help meet their needs and support independence. I&A specialists also link callers to other organizations that can help. Some areas of assistance include: housing options, transportation, personal care, respite care, and legal services. When appropriate, I&A specialists follow up with individuals to ensure the information provided was beneficial and offer other resources if necessary.

Produce Assistance – As concerns over the COVID-19 global pandemic continued into 2022, information and assistance specialists from the Lake County Council on Aging, together with Lifeline/211, played an integral role of registering seniors for the Lake County Mobile Food Pantry program. This was a collaborative effort between the Council on Aging, Laketran, Lifeline Inc., the Board of County Commissioners, and the Greater Cleveland Food Bank:

Lake County Mobile Food Pantry – Served 3,299 duplicated senior households. This program continued to meet the need of food insecurity that resulted from the COVID-19 global pandemic.

2022: Provided 6,333 information and assistance contacts.

Options Counseling

Options counseling takes information & assistance another step further by providing assistance to individuals, family members, and caregivers in need of long-term care support to make informed choices about the services and settings that best meet their needs. Individuals and caregivers receive unbiased information about various long-term care support options and the resources to help pay for services. The program also provides decision support to identify next steps in the process and help in connecting with services if needed.

2022: Provided a total of 329 hours of options counseling assistance to 118 unduplicated individuals.

Benefits Assistance

Benefits assistance is a service that provides information and assistance related to public benefits. The benefits specialist screens for eligibility and guides individuals through the application process for public benefits including Medicaid, Supplemental Nutritional Assistance Program (SNAP), Homestead Tax Credit, the Home Energy Assistance Program (HEAP), Medicare savings programs and the Low Income Subsidy (aka Extra Help). Unbiased information and assistance related to Medicare is provided through Ohio Senior Health Insurance Information Program (OSHIIP) volunteers.

2022: Provided a total of 270 hours of benefits assistance to 263 unduplicated individuals.

2022: During Medicare Open Enrollment, four Ohio Senior Health Insurance Information Program (OSHIIP) volunteers provided Medicare information, education and assistance to 60 individuals totaling over 66 hours of assistance and saving seniors \$9,600 in Medicare expenses.