



COUNCIL ON AGING
Lake County

Annual Report

2022

Welcome from the CEO



Joseph R. Tomsick
CEO

It is my honor to present to you the Lake County Council on Aging's 2022 annual report. For over 50 extraordinary years, everything we have done at the Lake County Council on Aging has been driven by our passion to provide aging adults with services and opportunities to help them achieve an optimal, self-defined quality of life! As our

clients and friends, we enjoy getting to know you, your families and our community. This annual report allows you the opportunity to get to know us and the local impact that our staff and volunteers have had throughout Lake County over the past year, our 50th golden jubilee.

Our work and our efforts to enhance the quality of life for seniors in Lake County continues to be the driving force for board members, staff and volunteers. Senior citizens are an integral, vitally important part of our community and I would like to express my most sincere gratitude to the voters of Lake County who showed how important it is to support our seniors. In November of 2022, our county overwhelmingly passed the Senior Services Levy with close to 75% voter approval. That support tells

us that we are doing exactly what the community expects of us and it inspires us to continue our commitment to serving seniors, building trusting relationships and helping older adults in Lake County age with dignity.

Since 1972, our community has put its trust in the Council on Aging to be the best resource for seniors, and we embrace that responsibility with great honor. Every day we're seeing the number of people turning 60 increasing, and the number of seniors in need of our assistance growing. It remains a great honor to serve as CEO of the Council on Aging, and I could not be more proud of our remarkable team. The dedication and ambition that our staff and volunteers have shown over the years has created a solid foundation for our continued, successful impact now, and for the years to come. I am proud of our history of making a difference in the lives of seniors – offering the right services, resources and assistance so that Lake County seniors have the opportunity to choose how they want to live and age, and enjoy a good quality of life.

The anniversary year offered us the opportunity to hold several special events that celebrated the milestone, bringing awareness of the needs of the community and raising dollars for our critical services. I am profoundly grateful for the financial contributions we received through our donors, corporate

partners, and grant makers. In this report, you will see the names of the many generous people and organizations who gave to the Council on Aging in 2022, many of whom support us with annual donations. These donors help strengthen the programs we support and the services we provide the senior population of Lake County.

Much of the focus of our work needs to acknowledge the challenges that remain from the pandemic, and resolve as many of the gaps and unmet needs of our senior community as possible. I believe that working with our partner service providers, the Council on Aging will continue to take the lead into the future.

In closing, I thank you for allowing us to be part of your lives each and every day, working hard to fulfill our vision and mission. If these first 50 years are any indication, the Council on Aging will continue to set the standard for generations of seniors that follow.

Sincerely,

Joseph R. Tomsick
Chief Executive Officer

Council on Aging Current Staff

Our agency is very proud of the dedicated and hard-working staff who bring great passion for serving the senior community of Lake County. Thank you to all of these extraordinary individuals!

Laura Abshire
Nutrition Aide

Ann Marie Armaro
Volunteer Engagement Specialist

Fran Beale
Social Worker

Kellie Blauman
Social Services Administrative Assistant

Joyce Burr
Homemaker

LaShonda Chillous
Social Worker

Cristina Cognati
Social Worker

Jamalliah Colon
Nutrition Program Specialist

Selena Cox
ADRC Options Counselor

Sandra DeMeza
Homemaker

Susan Fende
Nutrition Aide

Glynnis Fox
Nutrition, Site Coordinator

Amy Gallaher
Homemaker

Barbara Geisman-Turk
Nutrition, Assistant Site Coordinator

Joseph Greene
Nutrition, Site Coordinator

Allison Heinz
ADRC Benefits Specialist

Barb Henderson
Nutrition Aide

Pattie Hibler
Nutrition, Site Coordinator

Debi Holland
Director of Finance

Gina Ilacqua
Nutrition, Assistant Site Coordinator

Christopher Jochum
Director of HR & Facilities

Joann Kirk
Nutrition, Assistant Site Coordinator

Dionne Liddy
Nutrition, Assistant Site Coordinator

Linda Llewellyn
Director of Community Services

Renee Mathey
ADRC I & A Specialist

Tammi McGlothlin
Homemaker

Susan Meuse
Nutrition Aide

Christine Meyers-Rieder
Receptionist

Jennifer Michael
ADRC I & A Specialist

Jim O'Connor
ADRC I & A Specialist

Jackie Oliverio
ADRC Manager

Charles O'Neil
Nutrition Aide

Danielle Phillips
Director of In-Home Services

Tim Rieder
Social Work Manager

Barbara Sawicki
Nutrition, Site Coordinator

Linda Shaffer
Executive Assistant to CEO

Sharon Shane
Nutrition Aide

Cathy Shank
Homemaker

Renee Sonnie
Nutrition, Site Coordinator

Beth Swain
Social Worker

Lydia Timperio
Homemaker

Joseph Tomsick
Chief Executive Officer

Patricia Wem
Homemaker Manager

Kathy Wingo
Nutrition Services Assistant

Mission

The Council on Aging provides aging adults and their support system with services and opportunities that enable them to achieve an optimal, self-defined, quality of life.

Vision

The vision of the Council on Aging is to be recognized by the community as its most valuable resources for aging adults and their support system. In conjunction with community partners, the Lake County Council on Aging will provide the highest level of education, advocacy, services and support.

Services

Established in 1972, the Lake County Council on Aging has worked hard to make a difference in the lives of seniors living in Lake County. The agency plans, provides, develops and coordinates services for all people 60 years of age and older and has established itself as the trusted resource in the county for seniors, their families and caregivers.

Together with community partners and its board of trustees, the Lake County Council on Aging strives to provide the highest level of education, advocacy, services and support. Our entire staff is dedicated to preserving the dignity, independence and peace of mind for the aging population of Lake County.

Programs offered include social work services, information and assistance, Meals on Wheels, Lunch Place cafes, options counseling, homemaker service, in-home nonmedical services, benefits assistance and volunteer opportunities. The Council on Aging is Lake County's Aging and Disability Resource Center, providing assistance and counseling services for seniors and those 18 and over with disabilities.

2022 Outreach Efforts

The Council on Aging works hard to increase the community's knowledge of the services and programs available for seniors in Lake County. Throughout the year, the agency uses numerous avenues of marketing and services to educate the public and link individuals to resources. These included public presentations, reports, speeches, information tables and booths, flyers, brochures, newspapers, magazines, cable TV, the Internet, Facebook, Bridge newspaper and our weekly radio broadcast.

185 outreach events in 2022 included March for Meals, United Way of Lake County campaign kick-off, volunteer appreciation event, Senior Day at the Lake County Fair, 12 outreach events of the ADRC, and 77 outreach events at senior centers and community organizations. The agency also celebrated its 50th anniversary and had three major community events to mark the occasion. Additionally, staff presented and/or gave speeches at 23 events, and the agency advertised services on Laketrans buses as well as WINT Radio, in addition to its weekly radio show.

185 outreach events meant approximately 98,204 individuals received information on our services.

With the continued support of the Lake County Board of Commissioners, the agency's quarterly newspaper "Bridge" was direct mailed to nearly every senior household in the county—about 51,250 homes.

In 2022, nearly 210,000 copies of Bridge were distributed across Lake County.

The Council on Aging continued to partner with the Greater Cleveland Food Bank, Laketrans, the Lake County commissioners and Lifeline to provide free, fresh produce to Lake County seniors with weekly distributions at locations across Lake County.

32 Mobile Food Pantry locations provided produce for 3,299 duplicated senior households in 2022. 2,375 individuals were registered through the Council on Aging.

The agency answered and managed 22,780 phone calls into the agency, welcomed 726 unique visitors, and our website, www.lccoa.org, received over 45,015* page views.

*Figure based on average visits reported by Google Analytics.

“Thank you so much for the assistance you provided – it was great. I wish I could put into words the comfort you furnished me.
–John”

Board of Trustees Current Members

We are fortunate to have a dedicated and experienced board of trustees to help in our mission to support aging adults in Lake County. Through their expertise, the board of trustees provides legal, financial and governance oversight for the Council on Aging. Board members volunteer to serve multiyear terms and generously support our efforts with their time, talent and passion.



John P. Thomas
President
Schraff Thomas Law, LLC
Attorney At Law



Shannon Cianciola
Vice President
Manning & Clair
Attorney at Law



Kimberly Tutolo
Vice President-Elect
Hospice of the
Western Reserve



Paul Pahoresky
Secretary/Treasurer
PRP & Associates, LLC



Ben Capelle
Laketran



Megan Coy
GSK



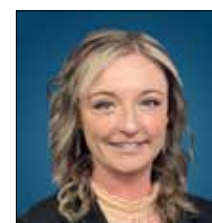
Terri Findlay-Jones
Legacy Health Services



Mindy Mallet-Kovalcheck
Lake County



Lynn Manteuffel
Retired, Cleveland Clinic and
Pathology Laboratories Toledo



Katey Tutolo
ProMedica Skilled Nursing And
Rehabilitation At MetroHealth



Eileen Yates
Retired, Ohio Living Home
Health & Hospice



COUNCIL ON AGING
Lake County

8520 East Avenue
Mentor, Ohio 44060
(440) 205-8111
www.lccoa.org

Senior Nutrition Programs

Senior nutrition programs includes congregate and home-delivered meals. A hot meal designed by a registered dietician is served every Monday through Friday to ensure one-third daily nutrition values. Home-delivered meal clients have the option of also receiving frozen meals for the weekend. Home-delivered meals continue to grow, while ensuring a quick start due to no waiting list. Congregate meals served in the Lunch Place locations, Wickliffe, Willowick and Madison senior centers and the Painesville Extended Housing community room, offer delicious healthy meals with a side of social activity with other seniors. Congregate participation is slow to return to prepandemic levels of service. The nutrition program is critical to assisting seniors with remaining healthy and independent in their homes.

The additional support programs available to home-delivered meal clients; supplemental pet food, commodity supplemental food and fresh produce, were maintained or expanded in 2022. The purpose of these support programs is to bring more nutrition into a senior's life by delivering fresh and shelf-stable food and reducing senior food insecurity.

The Meow or Woof Pet Meals on Wheels program continued to grow in 2022 as we conducted a pet needs assessment of all home-delivery clients and asset mapping to identify additional partners for the program. The program offers seniors the ability to enjoy their entire nutritious meal and have more dollars for their own food shopping, while maintaining the health of their four-legged family members, who offer so much comfort and companionship for seniors' emotional well-being. The needs assessment resulted in 48 new clients, most of whom received their first delivery in 2022.

The Commodity Supplemental Food Program box continues to be delivered to current registered seniors who met the federal income guidelines for the program. The box provides a variety of shelf-stable food items and 2 lbs of cheese. The extra shelf-stable food items add nutritional value to a senior's overall food intake and provide items for an emergency pantry.

The Fresh Produce Program expanded in 2022. Open registration for those in our Mentor and Painesville nutrition sites who met the income guidelines increased the number of home-delivery seniors being served from 17 in July to 86 in August. Fresh fruits and vegetables add an incredible nutritional value to a senior's diet and are frequently seen as a special treat.

Funding

Funding for the senior nutrition program comes from different sources. The Older Americans Act funds meals through the Western Reserve Area Agency on Aging. The Lake County Senior Services Levy also funds a significant portion of the meals. The United Way of Lake County provides funding specifically for the congregate Lunch Place sites, the Subaru Share the Love Event provides funding for Meals on Wheels and a grant from Petsmart Charities allocated by Meals on Wheels America was received to develop the Pet Meals on Wheels program. Meal participants have an opportunity to contribute a portion of the cost of their meals through an anonymous donation system. This process assures that no one is turned away due to their inability to contribute toward their meal.

2022 Senior Nutrition Program Total	# Meals
Total Lunch Place	17,094
Total Home-Delivered Meals	183,560
Total Passport	4,897
Lake County Fair Senior Day	300
Holiday Home-Delivered Meals	212
Blizzard Bag Meals	116
Pantry / Frozen Emergency Meals	100+
Grand Total Meals	206,279

• 3% increase compared to 2019



Seniors enjoying a meal at the Wickliffe Lunch Place.

NUTRITION SUPPORT PROGRAMS

Service	# Clients Served	# of Items
Pet MOW	79 clients 138 pets	926 pet food packs
Commodity Supplemental Food Box	31 clients	311 boxes
Fresh Produce	86 clients	425 boxes

Lunch Place

The four Lunch Place sites are located within a short drive of nearly every Lake County resident. The Lunch Place offers a welcoming atmosphere for seniors to have a nutritionally balanced hot meal while enjoying the company of other seniors. The Lunch Place is open to seniors 60 years or older. Guests under 60 years of age are charged a \$6.50 fee while a donation of \$1.50 is suggested for seniors. Diners register and make a meal reservation in advance. 2022 was the first full year of in-person dining since 2019.

2022 LUNCH PLACE MEALS

Location	# Meals Served
Madison	3,930
Painesville	1,896
Wickliffe	8,613
Willowick	2,355
Senior Day at the Fair	300
Total Meals	17,094

• 422 seniors served

Home-Delivered Meals (Meals on Wheels)

Meals on Wheels are delivered Monday through Friday. Each senior received a nutritious meal plus two optional frozen meals for weekends, casual conversation, and a safety check-in. In 2022 a total of 1,158 seniors were served. Of the 553 seniors new to the program, 68% were at high nutritional risk. Meals on Wheels provides a service that enables many seniors to remain independent in their own home by receiving meal assistance when they are unable to get out or shop, have difficulty seeing or standing to prepare a meal or live within modest means. 63% of Meals on Wheels clients are 75 or older, 66% are women, 15% are frail or disabled, 47% live alone and 25% are below the federal poverty level.

2022 HOME-DELIVERED MEALS

Location	# Meals Served
Madison	17,141
Mentor	49,156
Painesville	53,577
Wickliffe	26,024
Willowick	37,662
Passport Meals	4,897
Holiday Meals	212
Total Home-Delivered	188,669

• 1,174 seniors served

Homemaker Program

Independence gives our seniors a sense of purpose and the feeling they are still contributing to the lives of their family, friends, and community, and goals are still attainable by accomplishing the simplest tasks required to maintain their home.

Sometimes a little assistance is needed and that is where the Lake County Council on Aging's Homemaker Program helps them achieve those goals. Our homemakers assist our seniors with routine basic chores such as light dusting, vacuuming, changing bed linens, mopping floors, and cleaning of the kitchen and bathroom. More importantly, our homemakers provide socialization for our seniors while overseeing that they are in a safe, clean environment while living their golden years. The cost for the Homemaker Program is based on a sliding fee scale.

2022: Provided 2,677.50 units of homemaker services to 146 Lake County senior households.

Vial of Life

The Vial of Life program is designed to ensure that needed medical information is available at the time of a medical emergency. The emergency medical personnel from Lake County's fire departments were involved in the initial development and implementation of the Vial of Life program and look for it when responding to a 911 call. They use the information from the Vial if they are called to your home in an emergency and take the vial with them if you are transported to a hospital emergency room. The Council on Aging provides clients and community residents with the Vial of Life and placement instructions. You can then feel secure that your medical conditions, medication locations, physician's information, and emergency contacts will be available when needed most.

2022: Completed 377 Vial of Life

Nonmedical In-Home Care Services Program

The Council on Aging understands home is a place of comfort and security. When a senior begins to struggle to sustain their lifestyle independently, nonmedical home care can provide compassionate help on varying levels according to individual need. The Nonmedical In-Home Care Program provides in-home assistance with activities of daily living, focusing on personal care, for clients to support aging in place.

Eligible seniors for this program are assigned to a contracted home care agency that provides 2–4 hours of in-home care each week. Caregivers provide assistance or supervision with bathing, and assist with the following services according to the senior's care plan: basic nail and skin care, oral hygiene, light house-keeping, laundry, changing bed linens and planning and preparing meals. This service is funded by the Lake County Board of Commissioners and is administered through a partnership between the Council on Aging and local home care agencies.

2022: Provided 5,163 total units of nonmedical services to 72 Lake County senior households.



Special Thank You to Our Volunteers

Lake County Council on Aging volunteers are truly everyday heroes! The pandemic continued in 2022 and brought constant change to all our lives. Our volunteers stepped up to the challenge without question to provide essential nutrition services to seniors. Safety protocols were modified, meal delivery schedules changed and we continued with drive-thru pickup meals until congregate dining was able to resume. Volunteers have gone above and beyond to continue to serve our clients with the same care and compassion they have always shown our seniors. We are extremely grateful to our volunteers and the dedication they provide to our senior community and the mission of Lake County Council on aging.

Abramczyk, Pat
Albanese, James
Alecci, Debbie
Ambrose, Jack
Ambrose, Rosemary
Amirault, Sarah
Anderson, Alberta
Anderson, Dennis
Antos, Barbara
Arendash, Liz
Armaro, Ann Marie
Armour, Christine
Arnold, Stephen
Aten, Libby
Ball, Kay
Ballinger, Kristi
Balog, Caroline
Balogh, Patti
Baltitas, Jeannine
Baltus, Bob
Baltus, Mary
Barajas, Alyea
Barrett, Mike
Bartels, Jerry
Bartels, Marie
Berlin, Don
Berlin, Sandra
Berry, Tom
Bidlack, Sarah
Bittinger, Linda
Blanchard, Mark
Blanchard, Mary
Blasier, Mary
Blazek, Melissa
Boka, Carla
Bonelli, Michael
Bonelli, Rosalie
Bower, Antionette
Bowers, William
Bradford, Kenyetta
Bradford, Saroyal
Branford, Don
Brass, Helen
Bruback, Kristine
Bryan Jr, Robert
Buckman, Beth
Buckman, Bill
Budzicki, Blair
Bukovesky, Byron
Burney, Drew
Burr, Joyce
Bush, Gary
Buzanski, Mary Ellen
Buzanski, Ray
Campbell, Brad
Canzone, Loretta
Capelle, Ben
Carlson, Thomas
Carter, Ian
Caswell, Clem
Cavallaro, Bonnie
Cavallaro, Dennis
Cerri, Ken
Chom, Iva
Cianciola, Shannon
Cicero, Eileen
Cipkus, Dona
Clafliin, James
Cogan, Daniel
Cogan, Daniel
Cogan, Judy
Connell, Joe
Corrigan, Tom
Cowie, Jacob
Coy, Megan
Cozen, Darrell
Craft, Kathy
Crofoot, Cheryl
Crofoot, Harry
Crowder, JoAnn
Curtiss, Lorna
Czeck, Carole
D'Ambrosio, Joe
D'Amico, Pat
David, Carol
Davis, Daniel
Davis, Lynn
Dawson, Karen
DeAngelo, Marie

Delamotte, Abby
Denison, John
Ditzen, Patricia
Dickinson, Cyndi
Dietz, Donna
Dietz, Thomas
Dombeck, Frank
Doty, Pat
Duca, Dale
Ducsay, Kaye
Ducsay, Robert
Dunham, Char
Dunham, Richard
Dwyer, Maryann
Dyckman, Lois
Eckerle, Joe
Edmisten, David
Edmisten, Vicky
Edwards, Wendy
Erb, Ruth
Erb, Tom
Erbaugh, Sharon
Erbaugh, Tom
Evans, Thomas
Falcone, JoMarie
Farren, Darlene
Fatica, Donald F
Faught, Laura
Fellows, Helene
Ferguson, Cheryl
Ferguson, Doug
Field, Bud
Findlay-Jones, Terri
Fisher, Beth ((Becky)
Fisher, Harry
Fisher, Sharon
Fleming, Lyn
Fleming, Rita
Frale, Bruce (Bob)
Frank, Debbie
Frazee, Darlyne
Fried, Steve
Fuhrman, Raymond
Gallese, Marilyn
Geffert, Gini
Geisman-Turk, Barbara
Giaconia, Phillip
Gilbert, Laurie
Gilmore, Ruth
Gish, Christina (Tina)
Given, David
Glavac, Pattie (Patricia)
Globokar, Judy
Godec, Karen
Grodecki, Annette
Gruss, Terri (Theresa)
Guarnera, Tom
Gundelach, Carol
Habarstan, Susan
Hanf, Brent
Hange, Linda
Hanna, Susan
Hansen, Lynne
Hargest, Jan
Harper, John
Harris, James
Harris, Judith
Harris, Mary Ann
Harrison, Kathleen
Harsch, Cindy
Harsch, William
Hayes, Mary
Hayhurst, Geraldine
Hencie, Rob
Henschel, David
Herzog, Richard
Hill, Sarah
Hines, Betty
Hite, Denis
Hoffacker, Ken
Hoffman, John
Hogan, Alice
Horn, Michael
Horvath, Kay
Howell, Scott
Hribar, Edward
Hrovat, Lisa
Hrovat, Loretta
Hrvat, Philip

Humensky, Karen
Hunter, Sally
Ilano, Carol Lynn
Jauch, Carol
Jenkins, James
Jennens, Terry
Jeshenig, Gina
Johnson, Shirley
Kallevig, James
Kasserman, Stan
Keep, Diane
Keim, Allen
Kelley, Lynn
Kelly, James
Kerstens, Kathy
Kilroy, Marilyn
King, Dolores
Kingzett, James
Kinsey, Diane/Mary
Kinsey, Douglas
Kirchner-Horn, Kim
Kitts, Liz
Klements, Donna
Kless, Concetta
Kless, Elmer (Butch)
Knific, Zita
Koerwitz, Janet
Kohut, Patricia
Konarsh-Hamilton, Eva
Koons, Fran
Kosmin, Jamie
Kosmin, Martin
Kothari, Prabodh
Kovalcheck, Joe
Kovalcheck, Maddie
Kovalcheck, Mindy
Kovalcheck, Stephanie
Kozlowski, Carla
Kozsey, Janet
Kramer, Fred
Krstolic, Ken
Krstolic, Lynda Joy
Kukura, Suzanne
Kuntz, Bob
Kuntz, Carol
Kupec, Christopher
Kuta, Susan
LaBant, June
Lander, Robert
Landwei-Phillips, Lynnmarie
Lane, Terry
Laniauskas, Marius
Lardner, Robert
Lavrich, Aurora
Leiden, Bruce
Leissa (Matetic), Cheryl
Leone, Marge
Lewis, Len
Libava, Grace
Liddy, Robert
Llewellyn, Linda
Lohrs, Michael
Lorence, Linda
Lucker, Don
Lucker, Stuart
Lupold, Kathryn
Luzier, Beverly
Lytle, Rick
Malinowski, Tom
Mann, Betty Ann
Mannion, Paul
Manteuffel, Lynn
Margalis, William
Marinko, Andrea
Martin, Dan
Martin, Michael
Martin, Thomas
Maslovsky, Diane
Mason, Stephen
Mathew, Cassandra
Matlock, Roger
Matthews, Elizabeth
Mattice, Cheryl
Maurer, Larry
May, Janet
Mayher, Kathleen
Mazurek, Nancy
Mazurek, Ronald
McCarthy, Colleen

McCoy, Paul
McCullough, Anastasia
McGaffick, Elise
McGiffin, Paula
McGinnis, Amy
McHugh, Dwight
McIndoe, Sarah (Sally)
McKee, Janet
McMahon, Barbara
McMullen, Roy
McNeal, Phillip
McNeal, Rita
Melsheimer, Diane
Melvin, Debby
Mengelkamp, Tom
Metenyi, James
Metti, Raymond
Meyer, Jeffrey
Meyer, Kim
Miller, Jayne
Minotas, Valerie
Mitchell, Tina
Moffett, Karen
Molenaar, Kip
Molnar, Mary Jane
Moran, Doris
Morgan, William
Mosman, Jennifer
Mulhauser, Judy
Murphy, Mona
Murphy, Tom
Muscatello, Jennell
Muzic, Karen
Namie, Cameron
Neibecker, Heather
Newcomer, Susan
Newell, Ann
Nystrom, Joanne
Oberdoerster, Karla
Oberdoerster, Tim
O'Brien, MaryAnn
O'Brien, Terrence
Okorn, Kathleen
Oldani, Debbie
O'Linn, Susan
Olivo, Elsie
O'Neill, Bridget
Ortman, Michael
Ozello, Patricia
Paavola, Christine
Pahoresky, Paul

Pahula, Mike
Paluckas, David
Paradiso, Patty
Parker, Julia
Paterniti, Carmen
Patfield, Lawrence
Patt, Donald
Patterson, Arlevia
Peltz, Judy
Peppard, Debbie
Peppard, Michael
Perry, John
Pesa, Gay Lee
Peters, Rae
Peters, Tony
Petrello, Bill
Petrello, Janet
Phillips, Danielle
Pilotti, Ken
Piros, Dale
Piros, Denise
Pitzer, Patricia
Podgurski, Ashley
Podgurski, Kimberly
Preto, Janice
Preto, John
Quignano, Lee
Quinones, Vic
Raishart, Francis
Raishart, Marilyn
Raymer, Dawn
Retter, Jerry
Rice, Brian
Richards, Paula
Ricketts, Mary Anne
Riley, Christine
Ritley, Doug
Robejsek, Patricia
Robinson, Richard
Rodriguez, Laurie
Rus, Stacy
Russell, Lee Ann
Sakach, Arlene
Saletel, Judy
Sanden, Nancy
Sandrey, Darlene
Sandrey, Michael
Sanoyal, Bradford
Sason III, Frank
Sbrocco, Lois
Sbrocco, Michael
Schafer, Jamie

Schmidt, Linda
Schock, Delmas 'Del'
Schumer, Pat
Sekerak, Raymond
Shanley, Ann
Shriver, Mary 'Kitty'
Sironen, Rose Mary
Skouby, Robert
Slupek, Gloria
Smart, Monika
Smith, Karen
Smith, Kate
Smith, Pam
Smith, Renee
Sotka, Donald
South, Beth
Southworth, Aubrey
Sowers, Shelley
Sowers Jr, Ken
St. John, Anne
St. John, Dale
Stanek, Larry
Stanicki, Debby
Stapp, Lillie
Steinicke, Jack
Stevens, Pat
Stipkovich, Mark
Stoneman, Nancy
Stratz, Robert
Sulek, Patti
Summers, Tim
Sutherland, Kenneth
Svendsen, Linda
Swinehart, Gary
Talbot, Dennis
Talbot, Ellen
Talbot, Matthew
Taraska, Barbara
Teare, James
Templin, Clara
Terranova, Carol
Teschke, Cathy
Thomas, John
Toomey, Carl
Toomey, MaryEllen
Trepal, Esther
Trimback, Jennifer
Troha, Bob
Tsiros, Judith
Tucci, Michael
Tursich, Debbie
Tursich, James

Tutolo, Katey
Tutolo, Kimberly
Unites, Dorothy
Vaccariello, Sheilah
Vagner, Caroline
Vaiksnozas, Theresa
Valencic, Charlotte
Veasey, Barbara
Veneri, Chris
ViWoodworth, David
Vogt, Ken
Vogt, Mary Ellen
Voit, Stacey
Voorhees, Joan
Waclawski, Deb
Walsh, James
Walsh, Rae Lynne
Walter, Laura
Walter, Steve
Walters, Donna
Walters, James
Watson, Mary
Watt, Gregory
Weber, Emily
Weglarz, Frank
Weglarz, Susan
Weintz, Philip
Weiss, James
Weiss, Lori
Welsh, Rick
Whitcomb, Tom
Wilson, Bruce
Wilson, Rich
Winters, Sue
Witherite, Heather
Wollerman, Wayne
Woodworth, Marijane
Wymer, Teresa
Yates, Eileen
Yoon, Sylvia
Zadd, Daniel
Zadd, Donna
Zalar, Jane
Zemanek, Steve
Zerman, Charles
Zerman, Mary
Zeroske, Joanne
Zettlemeyer, Elaine
Zito, Mitchell
Zivkovich, Ed
Zizelman, Francine

Special Thanks to Our Adopt a Route Partners

Adopt a Route Partners are businesses and service organizations in Lake County who engage their employees in ongoing volunteer service through the Lake County Council on Aging Meals on Wheels program to enhance the community. Businesses who engage employees in community service have higher employee satisfaction and employee engagement. The Adopt a Route program is a program that benefits the employees and the business while supporting the Lake County Council on Aging and directly impacting our clients in Lake County. Thank you to all the volunteers serving on behalf of the following businesses and organizations.

ASA
Creative Solutions to Independence
Enpac

Griswold Home Care
Lake County Commissioners
Madison Healthcare

Mentor Rotary Club
Painesville Rotary Club
Wickliffe Country Place

Celebrating 50 Years!

Over 200 units paraded down Mentor Avenue into the fairgrounds to officially kick off the 2022 Lake County Fair.

A large group of individuals representing the Lake County Council on Aging participated in the parade to showcase the agency's 50th anniversary!

Led musically by the "Fairport Jammers" button box club, our entry even won a first place trophy! Join us in 2023 for Senior Day at the Fair, on Friday, July 28!



Volunteer Services Department

Volunteers make a difference in the lives of all the clients of the Lake County Council on Aging. Through multiple programs, these individuals deliver Meals on Wheels, help pack lunches, listen as friendly visitors, grocery shop for homebound seniors or help by supporting our staff through various special projects. We sincerely thank every one of them and invite you to find a volunteer opportunity with us.

Nutrition Impact

Nutrition Centers – Along with the nutrition center coordinator and staff, **110 nutrition assistant volunteers** assisted with general meal preparation, sealing and packing meals for delivery, and were the friendly faces that served food at four Lunch Place locations, our congregate meal sites.

Meals on Wheels Delivery – **443 volunteers** delivered nutritious meals and daily contact to seniors. The program supports independence while promoting the social, physical, and emotional well-being of seniors. The program consists of the delivery of a hot meal Monday through Friday along with a meaningful social interaction and well-being check.

Loneliness and Social Isolation Impact

Volunteers positively impacted the issue of senior loneliness and social isolation through nutrition services as mentioned above and more specifically through the following volunteer roles.

Phone Pal Caller Program – **16 phone pal volunteers** made calls to seniors. This vital program connects homebound seniors by phone which maintained an ongoing relationship by providing a social connection to reduce loneliness and social isolation.

Letters of Love and Handcrafted Cards – The delivery of a handcrafted card to a Meals on Wheels or Lunch Place senior brings joy and uplifts spirits. Handcrafted greeting cards were shared on Valentine's Day, Fourth of July, Thanksgiving and Christmas with nearly **1,000 cards delivered** on each holiday along with positive general handcrafted greeting cards shared randomly throughout the year. The number of individual and group volunteers has grown significantly in the past year to **45 volunteers** and includes several who live outside of Ohio, but support the mission and mail their cards to be included in delivery to seniors.

Information and Support Impact

Ohio Senior Health Insurance Information Program (OSHIIP) – Under the guidance of our Aging and Disability Resource Center, trained Ohio Senior Health Insurance Information Program (OSHIIP) volunteers provided information to resolve Medicare, Medicaid, and secondary health insurance questions. **6 volunteers** helped seniors make informed decisions regarding Medicare benefits by providing free, unbiased information.

Grocery Shopping – **35 grocery shopping volunteers** met biweekly with clients who can no longer leave their home to grocery shop. Grocery shopping support services enabled clients to remain independent in their own home; as well as enhancing their nutritional well-being.

Administrative – **14 administrative volunteers** provided support behind the scenes in the business office to ensure the delivery of programs and services.

Training – Volunteers as well as employees, are required to participate in annual required training to build upon their knowledge and skills and ensure high quality service is being provided to our seniors.

Events and Community Projects

Event and community project volunteers assisted in an array of activities; including the Blizzard Bag Food Drive, Thanksgiving and Christmas meal delivery, Senior Day at the Fair and March for Meals. Many of these volunteers join us just once a year for the special project and others serve in addition to their regular volunteer roles.

Blizzard Bags – The Blizzard Bag Food Drive, an annual event collected at multiple collection locations in the community, including a Stuff the Trunk event at the Lake County Council on Aging offices. Food donations were sorted into types of food and packed for a 2–3 day food supply into **116 blizzard bags**. Blizzard bags are designed to ensure that clients who receive Meals on Wheels have food resources in case of an emergency cancellation of delivery.

Thanksgiving and Christmas Meal Delivery – The holidays can be a difficult time of year for many seniors. LCCoA is committed to delivering a hot meal and holiday spirit to our clients who would otherwise be alone. **25 volunteers on Thanksgiving and 20 volunteers on Christmas** delivered a special holiday meal from University Hospitals to **112 seniors on Thanksgiving and 98 seniors on Christmas**. The large number of volunteers willing to deliver on a holiday enabled each volunteer to spend more time visiting with clients and sharing holiday joy.

Thank You to the Dedicated Volunteers of the Council on Aging

The Lake County Council on Aging is grateful to the **472 volunteers** who served in **700 volunteer assignments** generously sharing their time, talents and skills to positively impact the lives of seniors. **Volunteers contributed 34,846 hours of service** often in multiple roles and multiple locations. In its newest Value of Volunteer Time report, Independent Sector, with the Do Good Institute, announced on that the latest value of a volunteer hour is estimated to be \$29.95. Therefore, Lake County Council on Aging **volunteers added \$1,043,637.70 in value** to our programs and services benefiting Lake County seniors and the community.

The generous and compassionate service of our volunteers is essential to the Council on Aging, the clients that we serve and the community as a whole. We greatly appreciate your commitment. We couldn't do it without you.



**Make A Difference!
Volunteer Today**

Volunteer Impact	# of Hours	# of Volunteers
NUTRITION		
Meals on Wheels/Lunch Place meals	29,735	443
LONELINESS/SOCIAL ISOLATION		
Phone Pal Program	309	16
Letters of Love & Cards Program	1,270	45
INFORMATION AND SUPPORT		
Benefits Assistance (OSHIIP)	104	4
Grocery Shopping	1,089	35
Administrative	805	14
Training	569	
EVENTS/COMMUNITY PROJECTS		
Senior Day at the Fair	48	18
Blizzard Bags	100	28
Thanksgiving Meal Delivery	50	25
Christmas Meal Delivery	40	20
Pet Meals on Wheels	162	11
Produce Delivery	114	15
Commodity Box Delivery	59	13
Board of Trustees	392	13
Total Volunteer Hours	34,846	700*

*Duplicated count



A couple of the dedicated volunteers who help the Council on Aging serve our community.

Thank you for your compassion in helping elderly people like me. You are a credit to the Council on Aging. I owe you a great deal, along with my gratitude, for connecting me to great resources.
–Rosemary

Celebrating 50 years of the Council on Aging



Since 1972, the Lake County Council on Aging has been the trusted resource for older adults and their loved ones with vital services and supports to help them maintain their well-being and independence. For 50 years the agency has provided compassionate, cost-effective care for individuals who want to remain in their homes and communities for as long as possible.

In 2022, the board of trustees of the Lake County Council on Aging marked the golden anniversary with four special events. In March, the agency brought back “March for Meals” with a 50th anniversary theme; in May, a celebratory gathering of former board members took place at the Kirtland Country Club; in July, the community was invited to a grand party at the SNPJ picnic grounds; and in November, a gala was held to bring the 50th anniversary year to a close. As a result of these four major events, almost \$60,000 was raised for critical services provided through the Council on Aging.

We are proud of our successes and thankful to all those past and present, who have helped us make a difference in Lake County for these 50 years. The Lake County Council on Aging looks forward to all those exciting new opportunities on the horizon for the next 50 years!

Our Aging World Radio Show

The Lake County Council on Aging produces a weekly educational radio program, entitled “Our Aging World.” The one-hour broadcast is aired in-kind over WINT Radio, 1330AM and 101.5FM. An online airing of the show is available at tunein.com.

The program is hosted by Joe Tomsick, CEO of the Lake County Council on Aging with interviews of experts in a variety of fields.

Here is a partial list of some of the guests who appeared on the weekly radio program during 2022:

- AARP
- Better Business Bureau of Cleveland
- Cleveland Clinic
- Cleveland Sight Center
- Eastern Lake County Chamber of Commerce
- Elder Abuse Awareness Day
- Fine Arts Association
- Greater Cleveland Aquarium
- Hearing Specialists
- Home Care Companies
- Home Safety/Maintenance
- Hospice of the Western Reserve
- Lake County Board of Commissioners
- Lake County Council on Aging
- Lake County Department of Utilities
- Lake County Free Clinic
- Lake County General Health District
- Lake County Senior Centers
- Lake County Treasurer's Office
- Laketrans
- Lifeline/211
- Mentor Fire Department
- Mentor Public Library
- National Kidney Foundation
- Project Hope for the Homeless
- Social Security Administration
- United Way of Lake County
- Western Reserve Area Agency on Aging
- Willoughby-Eastlake Public Library
- Variety of Legal Interviews



Funding

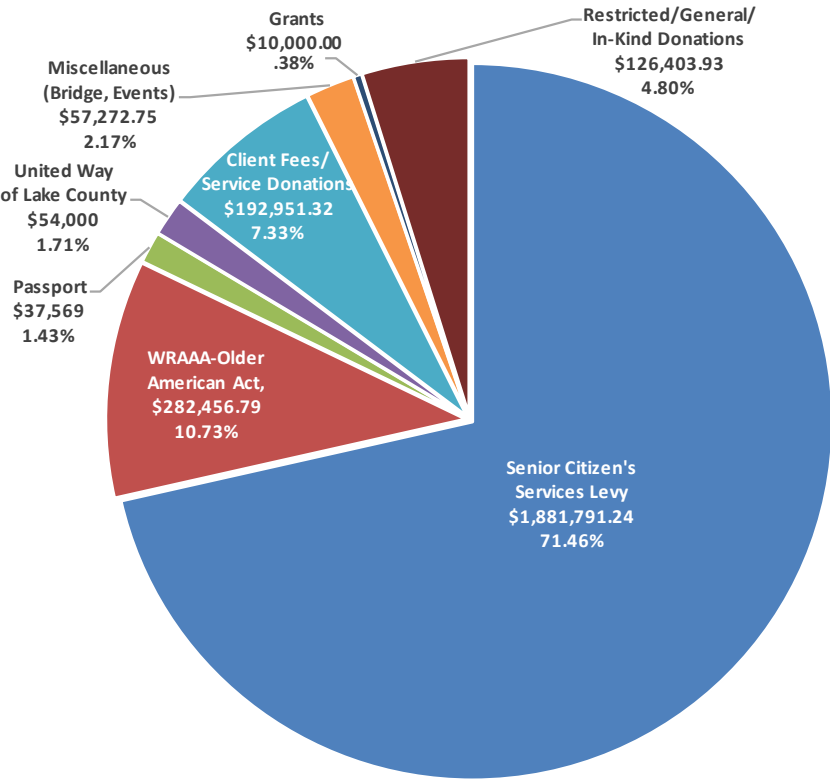
The Lake County Council on Aging is funded primarily through the Lake County Senior Citizens Services Levy, Title III Older American Act Awards through the Western Reserve Area Agency on Aging, the United Way of Lake County, various local/national grants, fees and donations. We are humbly grateful to the hundreds of individuals who are listed within this report who made financial contributions to the Council on Aging in 2022.

Approximately 71.46% of the Council on Aging’s 2022 operating funds were received from the Lake County Senior Services Levy and approximately 10.73% from Older American Act funds.

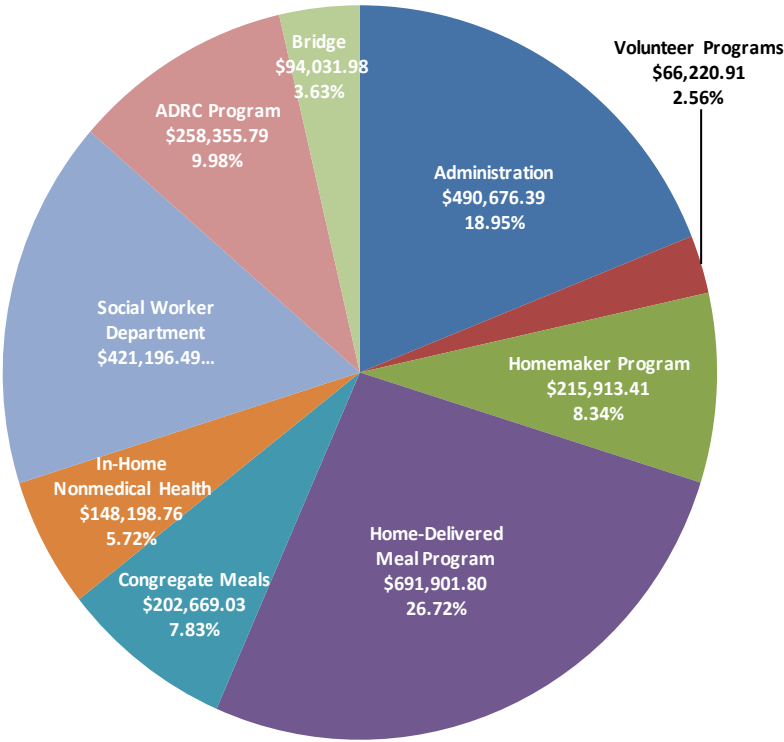
We also are sincerely appreciative to the residents of Lake County for their ongoing and future support of the levy. The renewal of the Senior Citizens Levy proves how much Lake County residents overwhelmingly support Lake County Council on Aging (as one of the recipients) to care for our aging population.

Together, these dollars financially support a range of programs for the Council on Aging to advocate for Lake County’s senior population and help them remain within their own homes and community.

2022 Operating Revenue By Source (Unaudited)



2022 Operating Expenses By Department (Unaudited)



The Lake County Council on Aging is funded primarily through the Lake County Senior Citizens Services Levy, Title III Older American Act grants through the Western Reserve Area Agency on Aging, the United Way of Lake County, various grants, fees and donations, and your generosity and support.

Our Generous Donors

The Lake County Council on Aging is grateful for the generous support of our donors. We are pleased to recognize those who contributed to the agency in 2022. From individuals and teams to organizations and foundations, the generosity of these key partners enables the Council on Aging to make a difference in the lives of our older population. We are truly grateful for their support.

\$5,000+

Meals on Wheels
Roger Sustar
Visiting Angels Of NE Ohio
Western Reserve Area
Agency on Aging

\$2,500 – \$4,999

Laketran
Melinda Mallett-Kovalcheck
Matrix Tool
Mentor Ridge Foundations
Health Solutions
Paul Pahoresky
Schraff Thomas Law LLC
Renee Shea
John Thomas

\$1,000 – \$2,499

Anderson Family Foundation
Association of Specialists in Aging
Best Version You/Kurt Law
Brunner Sanden Deitrick Funeral
Home & Cremation Center
Cash Donations
Concord Village
Skilled Nursing & Rehab
Valerie Curtis
Rod Fitts
Griffin Technology Group
Hospice of the Western Reserve
James Llewellyn
Manning & Clair Attorneys at Law
James Marchand
Robert Murch Trust
ProMedica
Patricia Schraff
Barbara Shamberger
Roy Smith
Sounds of Life Hearing Center, LLC
Tapestry Wickliffe, LLC
Joseph & Lisa Tomsick Family
University Hospitals
Geauga Medical Center
Wickliffe Country Place
Wickliffe Fraternal Order
of Eagles #4086

\$500 – \$999

Advanced Audiology Concepts
American Legion Post 336
Anonymous
Better Business Bureau
Serving Greater Cleveland
James Burkholder
Carver Financial Services, Inc.
CT Consultants
Carole Czeck
Eaton Family Credit Union
Erie Bank
Jeanette Fabian
Margaret Fawcett
George Gehrisch, Jr.
Christina Gish
Geraldine Hayhurst
Investment Partners LTD
Fred Kuhar
Lake County Sheriff's Office
Lakeland Community College
Lubrizol
NMS, Inc.
Reminger Co LPA
Matt Schaser
Ryan Shea
Laura Sherwin-Makar
Norbert Smialek
Sunset Industries Inc.
Kimberly Tutolo
VFW#2595
Kathleen Vitantonio

\$250 – \$499

Amvets Post 1971
Ben Capelle
Megan Coy
Dave Ernes
Morris Family
Terri Findlay-Jones
HAMCLEO, INC. -
Hells Angels Lake East
Home Instead Senior Care
Kline Rostocil Construction
Lake County Veterans Services
Lynnmarie Landwei-Phillips

Marous Brothers Construction
Alison (Sunny) Masters
Janet McKee
George Milbourn
David Moon
Jane Neubauer
Stevic-Rust and Associates LLC
Nancy Tagliafierro
Taylor Made Home Care LLC
Western Reserve Harley-Davidson
George Whalley

\$100 – \$249

American Mutual Life Association
AMVETS Ladies Auxilliary #1971
Lynn Backowski
Katherine Beaty
Richard Beck
Catherine Blackburn
Katherine Brookshire
William Buckman
Liana Cahen
Debra Catalano
Sheila Cherrison
Shannon Cianciola
Ronald Cimaglio
Clairwood No. 40
American Mutual Life Association
Anthony Coladangelo
Harold Collins
Comfort Keepers
Samuel Cowling
Lisa Demeter
Derek Elshaw
The Goud Family Trust
Susan Fende
Fenton Financial Services
Michael Finefrock
Linda Foley
Ellen Forbus
Tom Friedl
Mary Girardi
Griswold Home Care
Jane Hieronymus
Joseph Hocevar
Larry Howald
Caroline Jakubauskas
Theresa Jewell
Cerknisko Jezero
Eugene Kadish
Constance Kephart
Karin Kollar
Carla Kozlowski
Judith Kozlowski
Robert Lanning
Chris Larson-McKenzie
Betty Leiby
Lodge #12 AMLA
Bob Mallett
Judith McCracken
Anastasia McCullough
Larry Meyer
Miles McClellan Construction
Michael Mohner
Kathy Morris
Joseph Muscatello
Ann Nasky
Terry Negard
North Mentor Centenary
United Methodist Church
Mary Ann O'Brien
Gery Petrof
Joseph Pialet
Craig Querro
Tracy Radonich
Raymond James
Dallas Rodgers
Robert Rosplock
Tom Sawyer
Schlitz Crane, Inc.
Paula Seger
Jason Stapp
Tartan Services Corp
John Terchek
Alexander Timpeiro
Katey Tutolo
VFW Auxilliary Post #3863
VFW Post 7754 Auxilliary
Lucille Virostek
Robert Wareham
Patricia Wern
Carol Wiorkowski
JoAnn Witter
Eileen Yates

THANK YOU

\$1 – \$99

Lisa Abbott
Pat Abramczyk
Frank Adamic
Joan Agresta
Gayle Alanen
Elizabeth Arendash
Loretta Babuder
Geogrette Bannan
William Bannan
Nathan Bell
Adrian Bohl
Carla Boka
Steven Bond
Martha Brunner Deitrick
Linda Burkhart
Mary Ellen Buzanski
Donald Castora
William Chepla
Iva Chom
Carol Coffey
Daniel Cogan
Judy Cogan
Robert Corlett
Laura Corrigan
Jim Cromie
Dianne Crompton
Chris D'Amico
Wynford Davey
Marcia Deal
Robert DeGraff
Rose Derk
Thomas Dice
Thomas Dreher
Lois Dyckman
Thomas Ennemoser
Sandra Evele
Gloria Fakult
William Farren
Laura Faught
Russell Fischer
Moses Fridman
Steve Futterer
Robert Galen
Gini Geffert
Jane Gilles
Jessica Goldberg
Edwina Grady
Renee Grebenc
Alan Greenberg
Joseph Greene
Etta Griffin
Richard Gundelach
Lisa Heacox
Debby Henkhuzens
Kenneth Hoffacker
Alan Hoffman
Susan Huber
Norma Hutter
Gina Ilacqua
Terry Jackson
Anna Mae Jaras
Bonnie Jennings-Hrwatzki
Kip Jochum
Larry Jones
Daina Kardos
Shirley Kase
Richard Katila
James Kent
Audrey Kilrain
James Kingzett
Spence Kline
Gail Klingenberg
Richard Kocemba
Carol Konishi
Prabodh Kothari
Diane Koury
Renee Kovalak
Stephanie Kovalcheck
Joan Krause
Ken Krstolic
Julie Krupp
Bobette Kruter
Maruis Laniauskas

Barbara Laparo
Chris Lavik
Deborah Lefelhoc
Thomas Lennox
Marge Leone
Mary Lette
Beverley Levon
Sylvia Lindrose
Patricia Lis
Barbara Loparo
Linda Lorence
Kathryn Lupold
Beverly Luzier
Rosemary Maniglia
Lynnette Manteuffel
William Margalis
James Marshaus
Elizabeth Martin
Beverly Mcarthur
Laura McGuinness
Cheryl Miller
Eslam Mohammed Hamada
Kip Molenaar
Arline Mulqueeney
Robert Myotte
Michael Nadolski
New Connecticut Chapter DAR
Theodore Nichols
Barb Oliverio
Michael O'Neill
Mary Otoole
Painesville Nutrtition Recycling
Dave Paluckas
Edward Parker
Linda Parker
Herb Pearlman
Sean Pell
Patrice Perme
Anna Pickard
Pilgrim Lutheran Brethren Church
Betty Pinelli
Mary Ann Potts
Quality Community
Management, Inc.
Richard Rabe
Francis Raishart
Terry Rebera
Margaret Riehl
Doug Ritley
Merle Robb
Janis Roth
Linda Runal
Kenneth Salacienski
Nancy Sanden
Rita Schraff
Cal Schroeck
Fred Schwartz
Karen Scott
Martha Semancik
Patricia Sfero
Karen Shadle
Sievers Security, Inc.
Mary Slak
Vincent Slusarz
Paul Spicuzza
Nicoletta Stafford
Suzanne Staiger
James Stefanik
Lee Sundblom
Diana Sutphin
Joseph Swain
Barbara Tame

Andrea Taylor-Marinko
Richard Terriaco
The Great Outdoors
Beth Thomas
Kenneth Thomas
Sheilah Vaccariello
Briane Vagner
Theresa Vaiksnoras
Bambi Vargo
Terri Vidrick
Neal Ward
Frank Weglarz
Joey White
Cheryll Whitney
Joseph Widecan
Robert Williams
Sue Winters
Josephine Wutchiett
Anthony Zakrajsek
Zelev & Zelev Co., L.P.A.
Cheryl Zelina
Mary Zerman
Edward Zivkovich

IN MEMORIAM

The following are donations
made to honor the life of
someone who has passed and
to keep their memory alive.

In Memory of Audrey Grum

Steve Futterer

In Memory of Bill & Donna Norton

Kathleen Vitantonio

In Memory of Bruno Maniglia

Moses Fridman

Rosemary Maniglia

In Memory of Edward Dobransky

Karin Kollar

Rosemary Maniglia

In Memory of Ernie Zienka

Joan Agresta

Katherine Brookshire

Liana Cahen

Marcia Deal

Tom Friedl

George Gehrisch, Jr.

Jane Gilles

Julie Krupp

Patricia Lis

Gery Petrof

Terry Rebera

In Memory of Faith J. Kern

Debby Henkhuzens

In Memory of Gloria Petriello

Nancy Tagliafierro

In Memory of Gordon W. Fawcett

Lisa Heacox

In Memory of Helen E. Gavin

Mary Otoole

In Memory of Joan Bannan

Geogrette Bannan

William Bannan

Jessica Goldberg

Anna Pickard

Vincent Slusarz

Paul Spicuzza

In Memory of Keith Curtis

Valerie Curtis

Diana Sutphin

In Memory of Lois Griffin

Etta Griffin

In Memory of Norma Morris

Morris Family

Kathy Morris

North Mentor Centenary

United Methodist Church

In Memory of Tony Marjenin

Chris Lavik

IN HONOR

In Honor of Betty Howald

Larry Howald

In Honor of Bill & Shirley Seman

Catherine Blackburn

In Honor of Gloria Fakult

Anonymous

Anonymous

Anonymous

In Honor of Louise Grob

Alan Hoffman

In Honor of Margaret J. Fawcett

Margaret Fawcett

In Honor of Mary Ann Swanson

David Moon

In Honor of Mindy Kovalcheck

Jane Neubauer

In Honor of Mitchell R. Zito

Robert Murch Trust

In Honor of Patricia Schraff

Rita Schraff

IN-KIND

Apex Dermatology
Austin's Grill
Irene Carl
Cleveland Browns
Cleveland Museum of Art
Cleveland Pizza
Contours Express
Discount Drug Mart
Emerald Glen Title Agency
Essentials of Life
G-Licious
Gloria Jeans Coffee
Goodtime III
Grand River Cellars
Great Lakes Boutique
Great Lakes Science Center
Greater Cleveland Food Bank
Dave Henschel
Hofbräuhaus Cleveland
The Holden Arboretum
Inspire Nutrition
Jenniffer & Company
Salon and Spa
Kindred
Lake Metroparks
Lost Nation Golf Course
Mentor Salt Cave
Mitchell's Ice Cream
Nick's Gyros
Northcoast Laser Cosmetics, LLC
Nouveau Bistro and Lounge
Petitti Garden Center
Phil Hrvatin
Pink Bandana Bakery
Posh Pet Boutique
Quail Hollow County Club
Rabbit Run Community
Arts Association
Raising Cane's Chicken Fingers
Red Wine & Brew
Rosabella Winery
Salty - Salt Cave
San Francisco Stir Fry/FroYo
Scramblers
Sophie La Gourmande
Stonegait Winery
Sugar Pines Farm
The Sweat Box
Symphony at Mentor
Take Five Oil Change
Today's Family Magazine
Vittorio's Buon Appetito
World of Wines
Zappitelli's

Remember the Council on Aging in your estate!

To leave a bequest is to make a permanent statement of your values. It is by this act of charity that the world will remember what you cared about and what you stood for. If providing for seniors matters to you, consider a gift to the Lake County Council on Aging in your estate plans.

Social Work Services

In 2022, the social workers at the Council on Aging continued to provide vital supportive services to Lake County's senior population and their support system. The team of licensed professional social workers conducts home visits to assess each client's current abilities, challenges, and strengths to best develop a care plan to help that individual move forward in maintaining a healthy overall well-being in the home setting. The social workers identify areas of need with the client and their support system and help build connections to assist in those areas.

The social workers assist clients by linking them to Council on Aging's services and other community resources. Some clients may present with more complex issues and concerns such as a lack of support, physical and mental health difficulties, and food insecurity. Social workers provide guidance to clients with referrals to community programs and ensuring the process is well-coordinated and completed.

The Social Work Department works tirelessly to address the needs of our clients and those most vulnerable seniors in Lake County. The department appreciates the support and collaboration received from partnering community organizations, as well as the continued support of the Lake County Senior Services Levy. The funding allows the Council on Aging the opportunity to provide a social worker to every client who is involved with the agency.

Going forward in 2023, the department is looking to build new partnerships and strengthen current connections with other social service agencies to enhance the support to the seniors of this community. The Social Work Department remains committed to serving the senior population in Lake County to ensure they achieve an optimal, self-defined quality of life.

2022 Social Work Services:

- Provided services to 1,326 unduplicated seniors
- Provided 1,497 home visits
- Completed 595 initial psychosocial assessments
- Completed 512 annual reassessments
- Completed 2,832.75 service hours

Health Equipment Lending Program (H.E.L.P.)

Through H.E.L.P., the Council on Aging accepts donations of gently-used medical equipment such as walkers and rollators, wheelchairs, tub seats and transfer benches, canes, and bedside commodes. These items are checked for safety, cleaned, sanitized, and made available to Lake County seniors in need, free of charge. The Council on Aging also accepts unopened packages of incontinence supplies and unexpired cases of nutritional beverages.

2022: Provided 475 pieces of medical equipment to the Lake County community.



Lake County Council on Aging homemaker preparing donated equipment for the H.E.L.P. program.

“Thank you so much for taking the time with me at our meeting a couple of weeks ago. You have made my outlook on all of this that much easier for me and my family. Thank you for always being there for me.
–Michelle”

The Aging and Disability Resource Center (ADRC)



The Lake County Council on Aging main office building at 8520 East Avenue in Mentor, is open Monday through Friday from 9:00 am to 4:30 pm.

In partnership with the Western Reserve Area Agency on Aging, the Lake County Council on Aging serves as the Aging and Disability Resource Center (ADRC) for Lake County. The ADRC provides services to residents who are aged 60 and over, as well as those aged 18 and over with a disability. The ADRC serves as the “front door” to the agency as it functions as a starting place for accurate, unbiased information on all available community services and supports. There are three core services offered through the Lake County ADRC: information and assistance, benefits assistance and options counseling.

Information & Assistance (I&A)

Information & assistance is a fundamental service of the ADRC. I&A specialists take the time to listen to the caller and establish a personal rapport. This is crucial because those who call the agency may not always know to ask for a service by name. I&A specialists assist callers with determining their needs and preferences then provide unbiased information on programs and services that can help meet their needs and support independence. I&A specialists also link callers to other organizations that can help. Some areas of assistance include: housing options, transportation, personal care, respite care, and legal services. When appropriate, I&A specialists follow up with individuals to ensure the information provided was beneficial and offer other resources if necessary.

Produce Assistance – As concerns over the COVID-19 global pandemic continued into 2022, information and assistance specialists from the Lake County Council on Aging, together with Lifeline/211, played an integral role of registering seniors for the Lake County Mobile Food Pantry program. This was a collaborative effort between the Council on Aging, Laketran, Lifeline Inc., the Board of County Commissioners, and the Greater Cleveland Food Bank:

Lake County Mobile Food Pantry – Served 3,299 duplicated senior households. This program continued to meet the need of food insecurity that resulted from the COVID-19 global pandemic.

2022: Provided 6,333 information and assistance contacts.

Options Counseling

Options counseling takes information & assistance another step further by providing assistance to individuals, family members, and caregivers in need of long-term care support to make informed choices about the services and settings that best meet their needs. Individuals and caregivers receive unbiased information about various long-term care support options and the resources to help pay for services. The program also provides decision support to identify next steps in the process and help in connecting with services if needed.

2022: Provided a total of 329 hours of options counseling assistance to 118 unduplicated individuals.

Benefits Assistance

Benefits assistance is a service that provides information and assistance related to public benefits. The benefits specialist screens for eligibility and guides individuals through the application process for public benefits including Medicaid, Supplemental Nutritional Assistance Program (SNAP), Homestead Tax Credit, the Home Energy Assistance Program (HEAP), Medicare savings programs and the Low Income Subsidy (aka Extra Help). Unbiased information and assistance related to Medicare is provided through Ohio Senior Health Insurance Information Program (OSHIIIP) volunteers.

2022: Provided a total of 270 hours of benefits assistance to 263 unduplicated individuals.

2022: During Medicare Open Enrollment, four Ohio Senior Health Insurance Information Program (OSHIIIP) volunteers provided Medicare information, education and assistance to 60 individuals totaling over 66 hours of assistance and saving seniors \$9,600 in Medicare expenses.