

# Lake County Council on Aging

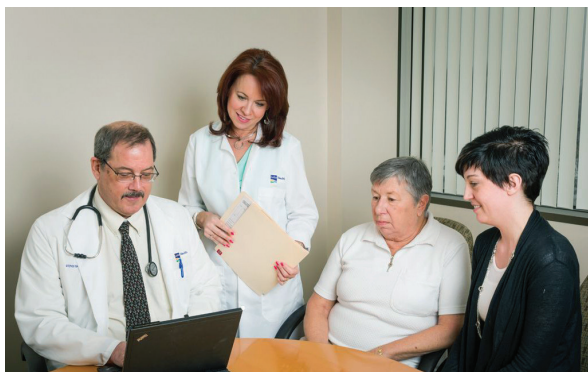
## Social Work Service

Professionally licensed social workers provide comprehensive assessments, guidance and support for Lake County residents 60+. Our staff works to determine needed services, helps to access those services, and creates individualized care plans.



## Geriatric Assessment Program (GAP)

Partnering with Lake Health, GAP is an outpatient program that helps older adults and their families evaluate physical, cognitive and emotional changes, home safety, driving and more. Individuals can be linked to the Council on Aging for ongoing services. *Please call (440) 375-8191 for more information.*



## Homemaker Service

Light housekeeping for income eligible seniors who are no longer able to maintain a clean, safe environment. Services include kitchen and bathroom cleaning, light dusting, vacuuming, etc. Provided on a shared cost basis.

## Non-Medical In-Home Care Program

This service provides in-home care for income qualified older adults who are not eligible for traditional Medicaid based programs, but cannot afford to pay privately for the personal care they need. Lake County seniors ages 60+ who meet program eligibility guidelines may receive a two hour visit once per week from a home care aide to assist with personal care and other included services.

## Health Equipment Lending Program

The Council on Aging accepts donations of clean, gently used durable medical equipment through our HELP program. Equipment is then lent out to seniors in need at no cost upon request. Please call us to inquire what items we currently have available.

Items include:

- Adjustable canes
- Bedside commodes
- Rollators
- Tub seats / transfer benches
- Walkers
- Wheelchairs

## Meals On Wheels

Nutritionally balanced hot meals delivered weekdays to homebound seniors, with an option for frozen weekend meals. More than a meal, the program assures daily interaction with a caring volunteer, improves quality of life, and reassures family members.



## The Lunch Place

Four of our nutrition site locations also offer nutritionally balanced meals Monday through Friday at the Lunch Place. Seniors gather for lunch and socializing. *Registration is required by calling the Lunch Place site you plan to attend.*

### Nutrition Site Locations

<b>*Eastlake Senior Center</b> 1580 E. 332nd St (440) 946-8822	<b>*Madison Senior Center</b> 2938 Hubbard Rd (440) 428-7002
<b>Mentor</b> 7271 Lakeshore Blvd (440) 918-0820	<b>*Painesville</b> 270 E. Main St #10 (440) 354-6700
<b>*Wickliffe Senior Center</b> 900 Worden Rd (440) 373-5017	

*\* Lunch Place Locations*

## Vial of Life

Personalized medical history and contact information is contained in this red magnetic pouch that is placed on the refrigerator where emergency responders can quickly access it.



## Volunteer Opportunities

Volunteers enhance our ability to reach out to older adults and their caregivers, helping fulfill many needs while enhancing their own life. Not sure how you can help seniors? We'll help you find the right position. Opportunities include:

- Meals on Wheels Delivery
- Nutrition Site Assistance
- Grocery Shopper Program
- Friendly Visitor Program
- Friendly Caller Program
- Ohio Senior Health Insurance Information Program (OSHIP)
- Agency Office Assistance





## Aging and Disability Resource Center (ADRC)

The ADRC is the starting place for accurate, unbiased information on community services and supports. ADRC services are for Lake County residents aged 60+, as well as adults 18+ with a disability.

### Information & Assistance

Expert help to identify needs and preferences, provide unbiased information on services that support independence, and link individuals to agencies that can help.

### Options Counseling

Designed to help make people aware of the importance of planning ahead for long-term care needs. Informs individuals and their support system of the long-term care services available and provides decision support through what can be a difficult and complicated process.

### Benefits Assistance

Eligibility determination and application assistance for public benefit programs such as the Medicare Savings Programs, Home Energy Assistance Program and food assistance programs. Trained Ohio Senior Health Insurance Information Program (OSHIIP) specialists provide unbiased information on services related to Medicare Part A, B & D, Medicare Supplemental Insurance and Advantage plans.



### Our Aging World Radio Program

The Lake County Council on Aging's radio program 'Our Aging World' broadcasts every Saturday from 2:00pm – 3:00pm on WINT Integrity radio 101.5 FM and 1330 AM. The program focuses on issues, resources and opportunities for Lake County seniors and caregivers.

### BRIDGE

Published quarterly, this full color newspaper provides information, news and resources, and addresses relevant issues that affect today's seniors. Complimentary copies may be found at locations across Lake County or individuals may subscribe to home delivery for a small fee.

### Donations

The Council on Aging is a non-profit 501 (c)(3) organization. We depend on your generosity to continue providing much needed programs and services to local seniors in need. Financial contributions may be made online at [www.lccoa.org](http://www.lccoa.org).

### Contact Information

#### Main Office:

Lake County Council on Aging  
8520 East Avenue  
Mentor, Ohio 44060  
(440) 205-8111  
[lccoa.org](http://lccoa.org)

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*The Council on Aging is funded primarily through the Lake County Senior Citizens Services Levy, the Western Reserve Area Agency on Aging, the United Way of Lake County, various grants, fees, and your generosity and support.*



Since 1972, the Lake County Council on Aging has been a trusted resource for aging adults, their families and caregivers. Our staff and volunteers work together to enhance the quality of life of older adults.

**(440) 205-8111**



### Our Mission ...

To provide aging adults and their support system with services and opportunities that will enable them to achieve an optimal, self-defined quality of life.

### Our Vision ...

To be recognized by the community as its most valuable resource for aging adults and their support system. In conjunction with community partners, the Lake County Council on Aging will provide the highest level of education, advocacy, services, and support.

### Our Values ...

The Lake County Council on Aging shall:

- Be fair, honest, and impartial
- Honor privacy and self-determination
- Respect diversity, individuality and community
- Embrace all aspects of aging



Lake County: (440) 205-8111  
Toll Free: (855) 585-2376