



INSTRUCTIONS FOR COMPLETING THE COUNCIL ON AGING “*Lunch Place*” REGISTRATION FORM

We are so glad you are able to join us at the “*Lunch Place*” to share a meal among friends. The Council on Aging is funded by Western Reserve Area Agency on Aging, the Lake County Senior Services Levy, United Way, grants, donations and client contributions. Due to funding rules, we are required to have all participants answer questions on the attached registration form and nutrition survey every year. It is very important that you answer EVERY question. Your answers are required to be entered in a secure database that may be viewed by the Western Reserve Area Agency on Aging. Otherwise, the results of everyone’s combined data generally will be anonymously reported as agency statistics. Forms will be returned if they are incomplete. Thank you!

Please use one of the two charts below to answer the question in the INCOME section. Find your household size in the left hand column and read across to find your total ANNUAL household annual income(first chart) or total MONTHLY household income (second chart). Then look above to note the percentage listed in the shaded box and check the corresponding box with your answer on the form.

2018 ANNUAL Income Chart					
Household/ Family Size	100%	101%-150%	151%-200%	201%-250%	251%
1	Up to \$12,140	\$12,141-18,210	\$18,211-24,280	\$24,281-30,350	\$30,351+
2	Up to \$16,460	\$16,461-24,690	\$24,691-32,920	\$32,921-41,150	\$41,151+
3	Up to \$20,780	\$20,781-31,170	\$31,171-41,560	\$41,561-51,950	\$51,951+
4	Up to \$25,100	\$25,101-37,650	\$37,651-50,200	\$50,201-62,750	\$62,751+
5	Up to \$29,420	\$29,421-44,130	\$44,131-58,840	\$58,841-73,550	\$73,551+
6	Up to \$33,740	\$33,741-50,610	\$50,611-67,480	\$67,481-84,350	\$84,351+
7	Up to \$38,060	\$38,061-57,090	\$57,091-76,120	\$76,121-95,150	\$95,151+
8	Up to \$42,380	\$42,381-63,570	\$63,571-84,760	\$84,761-105,950	\$105,951+
9	Up to \$46,700	\$46,701-70,050	\$70,051-93,400	\$93,401-116,750	\$116,751+
10	Up to \$51,020	\$51,021-76,530	\$76,531-102,040	\$102,041-127,550	\$127,551+

2018 MONTHLY Income Chart

Household/ Family Size	100%	101%-150%	151%-200%	201%-250%	251%
1	Up to \$1,012	\$1,013-1,518	\$1,519-2,023	\$2,024-2,529	\$2,530+
2	Up to \$1,372	\$1,373-2,058	\$2,059-2,743	\$2,744-3,429	\$3,430+
3	Up to \$1,732	\$1,733-2,598	\$2,599-3,463	\$3,464-4,329	\$4,330+
4	Up to \$2,092	\$2,093-3,138	\$3,139-4,183	\$4,184-5,229	\$5,230+
5	Up to \$2,452	\$2,453-3,678	\$3,679-4,903	\$4,904-6,129	\$6,130+
6	Up to \$2,812	\$2,813-4,218	\$4,219-5,623	\$5,624-7,029	\$7,030+
7	Up to \$3,172	\$3,173-4,758	\$4,759-6,343	\$6,344-7,929	\$7,930+
8	Up to \$3,532	\$3,533-5,298	\$5,299-7,063	\$7,064-8,829	\$8,830+
9	Up to \$3,892	\$3,893-5,838	\$5,839-7,783	\$7,784-9,729	\$9,730+
10	Up to \$4,252	\$4,253-6,378	\$6,379-8,503	\$8,504-10,629	\$10,630+

In the ABOUT YOURSELF section, the first question asks if you live in a rural area. Most of Lake County residents will check NO, but if you are a resident of Concord, Leroy, Madison or Perry townships, please refer to the map that your Site Coordinator has that shows the urban and rural boundaries.



"Lunch Place" CONFIDENTIAL * REGISTRATION FORM

***Data accessible to Western Reserve Area Agency on Aging**

LAST NAME _____ FIRST _____ MI _____

ADDRESS _____ CITY _____ ZIP _____

DAYTIME PHONE (____) _____ CELL PHONE (____) _____

DATE OF BIRTH ____/____/____ MALE FEMALE Mr. Mrs. Miss Ms.

EMERGENCY CONTACT INFORMATION

NAME _____ RELATIONSHIP _____

DAYTIME PHONE (____) _____ CELL PHONE (____) _____

ETHNICITY

- HISPANIC OR LATINO
- NON-HISPANIC OR LATINO

RACE

- WHITE, CAUCASIAN HISPANIC
- AMERICAN INDIAN/ALASKAN NATIVE
- NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER
- OTHER

If you do not speak English, what is your primary language? _____

INCOME

Please refer to the attachment for instructions on answering this question.

- 100%
- 101%-150%
- 151%-200%
- 201%-250%
- 250%+

DO YOU LIVE IN A RURAL AREA?... YES NO
(Mentor and western Lake County are not rural. Please reference the map if you live in eastern Lake County)

ARE YOU..... MARRIED..... DIVORCED
 SINGLE..... WIDOWED..... SEPARATED

DO YOU LIVE ALONE. SPOUSE. RELATIVE
 NON-RELATIVES..... SPOUSE & OTHERS

HOW MANY IN YOUR HOUSEHOLD? _____

DO YOU HAVE A DISABILITY?..... YES NO

ARE YOU FRAIL?..... YES NO

ARE YOU A VETERAN?..... YES NO

ARE YOU UNDER 60?..... YES NO
IF UNDER 60, ARE YOU COA VOLUNTEER
 SPOUSE OF SENIOR DEPENDENT OF A SENIOR

Client Signature

Client Name

Date



“LunchPlace” CONFIDENTIAL* NUTRITION SURVEY

***Data accessible to Western Reserve Area Agency on Aging**

DETERMINE YOUR OWN NUTRITIONAL HEALTH

Read each question below. Circle the number in the YES column to answer YES to the question. To answer NO, do not circle anything. Total the circled numbers and write your nutritional score below.

Nutrition Statement	YES
1. Have you made any changes in lifelong eating habits because of health problems?	2
2. Do you eat fewer than two (2) meals a day?	3
3. Do you eat fewer than five (5) servings (1/2 cup each) of fruits and vegetables every day?	1
4. Do you eat fewer than two (2) servings of dairy products (such as milk, yogurt, or cheese) every day?	1
5. Do you sometimes not have enough money to buy food?	4
6. Do you have trouble eating well due to problems with chewing/swallowing?	2
7. Do you eat alone most of the time?	1
8. Without wanting to, have you lost or gained ten (10) pounds in the past six (6) months?	2
9. Are you not always physically able to shop, cook, and/or feed yourself (or get someone to do it for you)?	2
10. Do you have three (3) or more drinks of beer, liquor, or wine almost every day?	2
11. Do you take three (3) or more prescription or over-the-counter drugs per day?	1
Add the circled scores and write the number here —————→	

0-2 is GOOD, 3-5 indicates moderate nutritional risk, and 6 or above indicates high nutritional risk. Consult with a health or social service professional for guidance or call 2-1-1 for a list of food pantries or locations where hot meals are served in Lake County.