

Lake County Council on Aging is now Aging and Disability Resource Center

MENTOR - The Lake County Council on Aging, which marks its 40th year of serving seniors in Lake County, has announced a new level of service now available to adults aged 60+ or those 18+ with disabilities. In partnership with the Western Reserve Area Agency on Aging and the Ohio Department on Aging's statewide initiative, the Lake County Council on Aging is now Lake County's Aging & Disability Resource Center (ADRC). By calling (855) 585-ADRN or locally to (440) 205-8111, disabled adults, senior citizens, and caregivers will be linked to the information they need to improve their health, independence, and quality of life. Each year, more seniors, people with disabilities and their families are confronted with often challenging decisions about how to obtain the long-term services and supports they need. Choices range from care in their home to care in a nursing home; social supports for daily living to home health care; transportation to physical therapy to name a few.

"The Lake County ADRC makes it possible for seniors and people with disabilities to learn about and access services that are available right here in Lake County, as well as those provided regionally," said Joe Tomsick, CEO of the Lake County Council on Aging. "We recognize the need for greater information and referrals to programs that best meet the needs of Lake seniors and adults with disabilities."

Funding for ADRCs across the nation is made possible through the Affordable Care Act.

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The Lake County ADRC serves as the access point for information on long-term services and support systems and will provide information on public and private programs and promote awareness of community based service options.

Situations frequently arise where people may feel overwhelmed and need answers. They realize they need help, but they aren't

quite sure what questions to ask. The ADRC is a place for them to call and speak to a professional staff person for assistance and information about the vast inventory of available services.

"We can help you sort through many of the options that are available for older adults along with their family members and caregivers", Tomsick said. "We can provide unbiased information

about the providers and services available in Lake County and beyond."

Services include maintaining independence, choice for long-term care and related services, Medicare benefits and other health-related benefits, Social Security benefits, support services and resources in the community. Call the Lake County ADRC at (440) 205-8111 for more information.

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